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On the cover: '10 Alysa McCall sends an update on her graduate program from Churchill, Manitoba.



THOMPSON RIVERS UNIVERSITY

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Find us on Campus

The TRU Alumni and Friends office is: G321

In the top floor of the TRU gymnasium complex.

Stop by and say hello
alumni@tru.ca

Contributors



Sherry Bennett

A graduate of TRU's journalism program, Sherry's fondness for the written word has guided her towards a career as a freelance writer. Her articles have appeared in a number of Interior publications and her affinity for local history has lured her to local libraries and archives, where she has spent many a pleasant hour.



Sarah Bruce

Sarah Bruce graduated from TRU in 2010 with a degree in Journalism. She enjoyed Kamloops almost as much as she enjoyed her time at TRU and always misses being in school and learning. She is currently working as a freelance writer and is eagerly anticipating a move to Otsuki, Japan in Spring, where she will spend a year teaching English to elementary students.



Sadie Cox

I am a 2nd year MSc Environmental Science student at TRU, and also completed my BSc and Bachelor of Journalism through TRU in 2007. I have lived in Kamloops for 11 years, and grew up in northern BC/ Squamish. Aside from being a student I am also a mom and somewhat of a gym rat—I am a certified weight trainer working towards my personal trainer certification.



Allison Gibbard

My name is Allison Gibbard. I was born and raised in Kamloops. I am currently a third year journalism student. I enjoy reading and watching movies. After I graduate I plan on do some travelling and hope to one day write for a magazine. I am looking forward to what life has to offer me.



Jenifer Norwell

Jenifer Norwell is a freelance journalist working in print and broadcast. She will be graduating from the journalism program at Thompson Rivers University in Kamloops in June 2011. She's worked in both private and public radio in Prince George. Norwell has been broadcast nationally on CBC radio and regularly has pieces broadcast across British Columbia. She grew up in Kamloops and has been published in magazines and newspapers in the Kamloops region.



TRU Alumni & Friends Association Chair – Susan McIntyre

Welcome Friends

The TRU Alumni Association has made a full transition to an Alumni and Friends model. We have passed a new constitution to include friends in our governance structure and have included three friends on our Board of Directors. We want to be inclusive of current students, graduates of the institution over the last 40 years, staff and faculty of the University, as well as the many community members that support TRU. Our mission is to promote excellence in alumni relations for the benefit of the TRU community. This structural change has helped us to work toward our mission.

We strive to be relevant and have started a communications audit to make sure we are meeting your needs. Alumni may be asked to answer a few questions over the next few months as we determine the best way to communicate. We do know that we can email or mail 20,709 alumni. There are many people we cannot contact, so remind your friends from school to keep in touch. We look forward to connecting with you through one of our events, on campus, via *Bridges* magazine or as a volunteer. If you are interested in a role on our Board, please contact Rob Williamson, Vice Chair.

Existing students can connect with us for help transitioning from school to work place.

Look for our Career Mentoring Program to link with business leaders, and apply for bursaries and scholarships that can reduce your financial burden.

We are proud of our accomplishments. We hosted several mentoring events in 2010/11 with 350 students and 110 business people attending.

We have a solid team on our Board of Directors including:

- Rob Williamson, Vice Chair
- Rob Wycherly, Treasurer
- Cathy Ferguson, Past Chair
- Ryan Dunn
- Mike Finch
- Wendy Heshka
- Hoberly Hove
- Stacy Jyrkkanen
- Nicole Link-Loehr
- Janice MacDonald
- Niki Remesz
- Usman Vahidy
- Jason Wassing

Speak with any of our board members about their experience and how you can help.

We look forward to hearing from you.

Susan McIntyre

You can get involved by checking out our website to:

- find upcoming events
- nominate someone for our prestigious Distinguished Alumni Awards
- take advantage of one of our Affinity programs with your Alumni & Friends Benefit Card
- tell us where you are. We are always looking for great stories about alumni so update us on what has happened since you graduated. Let us know how your education influenced your career and your life
- call us to volunteer for an event, be a career mentor or join the Board

A Crash Start to a Career



TRU's 40th Anniversary Writing Contest

Karen Hofmann, Chair of English and Modern Languages and judge for the 40th Anniversary Writing Contest, selected the winning entry from a journalism student in the 1970s. Gary Poignant's story of his enthusiasm as a first-year journalism student provides an amusing vignette of early Cariboo College Days. He won \$200 from TRU Alumni and Friends, and publication in this issue of Bridges. The second prize of a \$100 Chapters gift card was won by Yasir Ali who gave an interesting perspective as an international student.



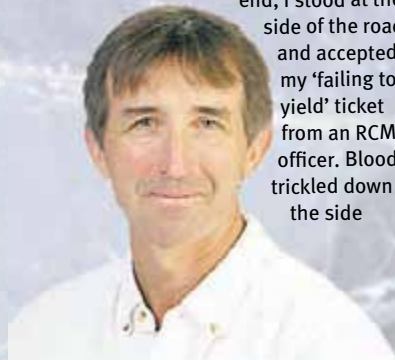
To read Yasir Ali's story visit:
www.tru.ca/alumni/stories

I was feeling fatigued as I shifted down into second gear of my 1972 Ford Pinto. As I began to turn left onto Victoria Street, I didn't realize how fast the approaching pickup truck was moving. I held my breath and hit the accelerator. Tires screeched, followed by a loud bang and the sound of breaking glass. Once I realized I was OK, I looked over at my passenger, fellow Cariboo College student Tom Stout, who was sitting directly in the truck's path. He had a cut on his forehead, but remarkably was otherwise unscathed. He gave me a thumb's up sign and announced, "I've got to get some pictures of this."

Tom then pushed away the pile of broken glass from his lap and leaned into the backseat. He grabbed his camera and climbed out the broken window. I suggested he go for treatment, but Tom was not interested. He was in work mode, saying, "I have to get some pictures for the News".

The *News*, of course, was the thrice-weekly *Kamloops News* that Tom and I both aspired to work for. It was early March, 1976, and as Communications Media students at Cariboo College, anytime you can get your name in a paper it looks good on your resume. Tom—an aspiring photographer—was taking advantage of a news event to add to his resume.

As an aspiring reporter, I felt conflicted. Who am I going to talk to? Myself? In the end, I stood at the side of the road and accepted my 'failing to yield' ticket from an RCMP officer. Blood trickled down the side



Gary Poignant, Winner of the TRU 40th Anniversary Writing Contest

of Tom's face as he continued to take photos. I ended up walking into one frame to retrieve some belongings from my Pinto. That photo ended up on the front page in the next edition of the *Kamloop News*.

Mel Rothenburger, the current editor of the *Kamloops News*, was the editor in 1976. He was also the Journalism instructor for the Communications Media program at Cariboo. Mel was amused when Tom brought the photos in showing me standing next to my damaged Pinto. I was an enthusiastic teen who would do everything possible to try to get a byline in the *News*. Although I aspired to be a crime reporter, I would offer to cover mundane board meetings just so I could get a bylined story in the *News*.

The photo of me next to my damaged car was the first and only time I appeared on the front page of the *News* while at Cariboo College. Mel couldn't resist the irony and when I next saw him at class, he smiled and said, "Gary, you'll do anything to get on the front page."

The remark, while emotionally crushing at the time, stuck with me and motivated me to get on the front page of the *News* with an actual byline. It would take about four years before I returned to Kamloops in 1980. I was hired by Mel to cover the crime beat for the *News*. Within the first week I had a story on the front page. Mission accomplished. I left Kamloops in 1981 and moved on to the *Edmonton Sun* where I am now in the twilight of my journalism career as the paper's news editor. Although I literally crashed before I started, choice words from a Cariboo professor put me on the path to success.

Thanks, Mel.



Earlier this fall, area high-school students were asked to help TRU develop a national profile and engagement strategy aimed at attracting and retaining students from outside Kamloops and the Interior

Photo by Diana Skoglund

Youth experts give insight

TRU called on the local experts to provide insight into the development of its academic plan. The ideas for Destination TRU presented by area secondary school students earned 12 students each a scholarship, an iPad, and Smart Boards for Westsyde, NorKam and Valleyview Secondary schools.

After presentations and deliberations, the top teams were selected by TRU student judges Dasha Moryakova, TRUSU President,

and Co-op students Joshua Lasta and Kate Beauchamp. Each team member received his or her prizes and words of praise from university administrators at a reception in the International Building.

“These students all did some excellent research for their presentations,” Dr. Uli Scheck, TRU Provost and Vice-President Academic, told the parents and principals on hand at the award reception. “From their youthful perspective, TRU has a good sense of what secondary students are looking for at university and we heard some very feasible ideas as well.”

The winning team from Westsyde Secondary focused on developing a Kinesiology Program at TRU. Taylor-Rae

Harvey, Julie McNutt, Nastassja Nielsen-Ruddell and Lena Pendlebury received a \$2,000 TRU scholarship.

NorKam earned second place with their presentation focusing on developing a mentorship program on campus, run by TRU students and administered by the School of Business and Economics. Students Kavi Bal, Kristen Lang, Eric Esslinger and Krysta Sowden each received a \$1,000 TRU scholarship.

The third presentation by Valleyview students Marielle Saayman, Nikkita Peters, Maggie McLeod, and Courtney Hawkins focused on coordinating a committee to bring students, faculty and department heads together to create a campus-wide social experience for all TRU students. Each earned a \$500 scholarship.



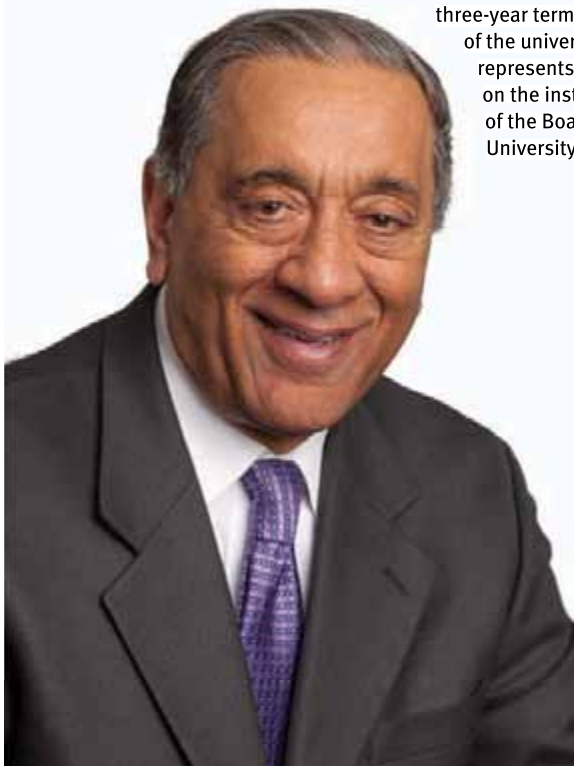
The Honourable Wally Oppal, Q.C.

One of the country's most well-known and respected lawyers and advocates for justice will become the next Chancellor of TRU.

Wally Oppal, QC has dedicated his entire working life to improving social justice and community safety. He was Crown Counsel and Defense Counsel on numerous high-profile criminal cases and is currently Commissioner of the Missing Women Commission of Inquiry.

"Wally Oppal is a well respected British Columbian, I know his commitment to justice and to our province will inspire a whole new generation as they build their futures at TRU," said Karl deBruijn, Board of Governors Chair. "He is a great role model for achievement, setting a positive example for students who are working hard on their educational goals."

The Board of Governors, on the recommendation of a Board committee which included student, alumni, faculty and community representation, made the selection of Mr. Oppal. He will be



formally installed as Chancellor on June 8 as part of the ceremonies that will precede four Convocations held on June 9 and 10 at TRU.

"I am deeply honoured to have been selected Chancellor of Thompson Rivers University," said Wally Oppal to the Board of Governors. "I know of no other post-secondary institution in BC that is more innovative and creative in meeting the diverse needs of our province in the 21st century. I am very excited and look forward to working with President Alan Shaver, the Senate and the University's Board of Governors."

"Wally Oppal's reputation as an advocate of justice and his dedication to serving the people of British Columbia is an inspiration to us all," said Alan Shaver, President and Vice-Chancellor. "He is an excellent choice to help guide Thompson Rivers University as it launches the country's first new law school in over 30 years."

Nancy Greene Raine was named as TRU's first Chancellor in 2004 and served two three-year terms. As honorary head of the university, the Chancellor represents and bestows prestige on the institution and is a member of the Board of Governors and the University Senate.



Nancy Green Raine

TRU's first Chancellor, Nancy Green Raine, was appointed on April 1, 2005 and served two three-year terms. During her role as Chancellor she was appointed to the Canadian Senate in December 2008 and was one of four prominent Canadians to light the flame opening the Winter 2010 Olympic Games in Vancouver. Most recently she was named as one of the 2010 Most Influential Women by the Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS).

Currie to lead SOBE

The new Dean of TRU's School of Business and Economics is an academic administrator with a proven track record of scholarship, leadership, fundraising and strategic plan development. Dr. Russell Currie's term as the new Dean will commence on August 1, 2011.

"I am delighted to have Dr. Russell Currie join our team," stated Dr. Ulrich Scheck, Provost and Vice-President Academic at TRU. "Given his extensive academic and professional experience in both academia and the private sector, Russell is sure to be a tremendous

asset not only to the School of Business and Economics but also to TRU in general and to the Kamloops business community."

Dr. Currie is looking forward to supporting TRU's commitment to involving its undergraduate students in understanding research through hands-on experience. "It's through co-curricula activities such as research, case competitions, attending and presenting at conferences and applying theory as volunteers or as co-op students locally and globally to real problems that students will reap

the full benefit of their university education," he said. "This Deanship presents an opportunity for me to combine my abilities and aspirations with TRU's momentum to become a leader in undergraduate business and economic education. The Dean's Office will be committed to championing the Faculty's fundamental values, securing internal and external resources, retaining and recruiting outstanding faculty, incorporating local and global co-curricular activities to fulfill our obligation to create a rewarding and valued student experience and increasing the level of alumni and other stakeholder involvement and support nationally and internationally."



Dr. Russell Currie's term as the new dean will commence on August 1, 2011

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A landscape-inspired vision re-energizes Old Main

An architecture design inspired by the region's most prominent landmarks has been selected for the new home of the Faculty of Law, Thompson Rivers University announced.

The architectural design firms of Diamond + Schmitt (who were the principal architects for the Brown Family House of Learning) and Stantec have been selected for their architectural vision that adds two

storeys and 40,000 square feet of learning, library and student spaces to Old Main.

Inspired by the Landscape

With Mt. Peter and Paul as their muse, the architects have designed a roof that undulates and curves to evoke the splendor of the Kamloops area landscape, confidently embraces TRU's campus plan, and firmly marks the University's place in the province.

The Work Ahead

Removal and replacement of the exterior windows in Block A and B of Old Main will begin June 15. Seismic upgrades will occur this summer with most of the work being done during the afternoons, weekends and evenings to minimize disruption.

The firms will submit completed, detailed working drawings for the third and fourth floor by August 31. Final cost estimates will be



Garrett Lacey and Jenny McGrath banter during their CFBX 92.5 FM radio show titled "New Directions at Night". CFBX celebrated its 10th anniversary on April 2 at the Kamloops Convention Centre with four bands and four solo acts. About 300 people attended the free show.

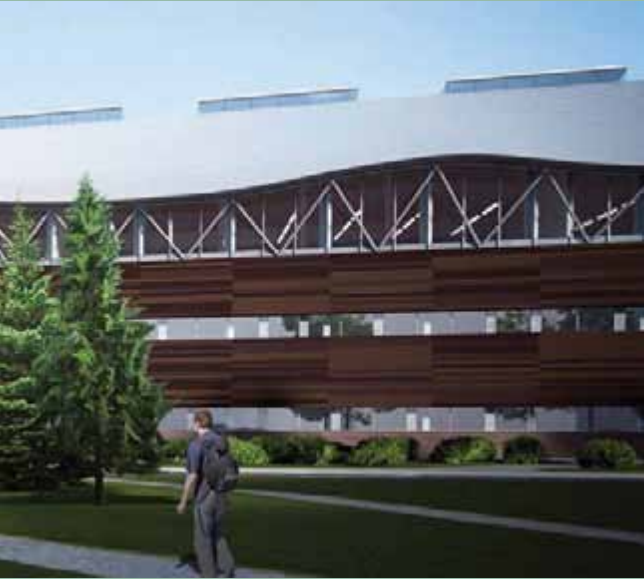
An accurate tally of how many students have been involved with CFBX over the years doesn't exist, but it's safe to say at least 400 whether it's been on air or off. Being a CFBX volunteer is more than listening to tunes, as volunteers pick up a range of skills: dealing with deadlines and timetables, research,

show preparation, marketing (traditional and social), scheduling, interacting with the public, producing commercials, communicating to various audiences, and learning the ins and outs of Canadian Radio-Television & Telecommunications Commission regulations.



Learn more about CFBX and listen online at: www.thex.ca

Student Street



completed during September, with tender packages ready to go out by November. Prefab construction will occur offsite over the winter months. Onsite construction will commence April 2012 with the completion of the shell targeted for June 2012.

web
extra >>> www.tru.ca/oldmain



Megan Procter and Dr. Ray Sanders, Director TRU Williams Lake

Megan Procter was the first student at the Williams Lake campus to be nominated for a \$5,000 Alvin and Lydia Grunert Scholarship. In January 70 of TRU's top undergraduate students were nominated for the scholarship based on GPA (Grade Point Average). Winners are selected in May.

In memory of his wife Lydia, Alvin Grunert created a legacy of learning and leadership at TRU by donating \$1.5 million to establish an endowment scholarship for the top students in each faculty and school at Thompson Rivers University. He and his wife Lydia always valued the importance of education and Al Grunert wanted to carry out his wife's desire to make post-secondary education a reality for all students.



Williams Lake stories and photos by LeRae Haynes, courtesy of www.welcometowilliamslake.ca

At 'CSI Mystery Night' at the Williams Lake campus, teams and individuals were armed with clues and a basic narrative and sent to gather information to solve a cold case murder.

There was an RCMP forensic table with plaster footprint moulds and other tools for tracking suspects, and participants visited the English department for 'cold case' narrative and story details, the Psychology department for profiling tips and Chemistry, Anthropology and Nursing for DNA, forensic and scientific evidence.

There were suspects in period costume roaming the halls and available for questioning—all of whom had ties to the deceased, as well as motivation and method for killing him.

In questioning the suspects, clue-seekers discovered blustering sibling resentment, simpering hostility, malevolent money-grubbing greed and the rage of a jilted fiancée in 'the family way.'

The event gave participants the opportunity to tour the Williams Lake campus, meet faculty and enjoy a fun evening.

NEW Minor in Environmental Economics and Sustainable Development

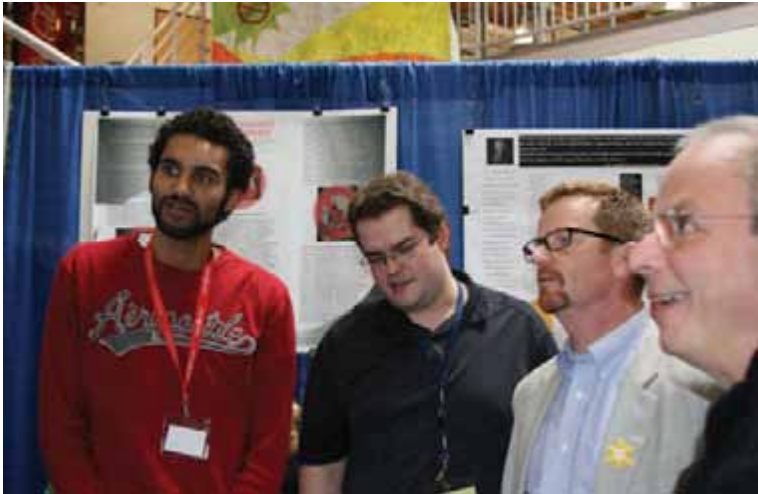
This new program provides students with knowledge on current issues in environmental economics, development economics and natural resource management. The program equips students with the knowledge to deal with contemporary environmental issues, to be able to conduct benefit-cost analysis for project evaluation, to estimate the benefits of environmental preservation, to analyze issues of conservation and resource management in the forestry sector, to examine Canadian and world environmental regulations and policies, to examine land usage in Canada and around the world, to recommend sustainable development paths for small communities, as well as to understand the economics of global climate change. The Minor in Environmental Economics and Sustainable Development is currently offered in the Bachelor of Business Administration, Bachelor of Tourism Management, Bachelor of Arts, and Bachelor of Science degrees.

Students Heitor Crespo Neiva, Guriqbal Singh Hanjra, Navjot Kaur, Jaish Bhakuni, Kunal Chopra, Vipul Kalhan, Nikita Retyunskiy and Parul Singla from TRU's Computing Science and CSOM programs have accepted Co-op positions with Canadian telecommunications company Research in Motion. RIM is the creator of the popular Blackberry smartphones. The students will be working on Research and Development for new products. TRU places nearly 200 students in co-op positions every year.



TRU awarded its 40,000th credential during October's Fall Convocation Ceremony. Josephine Gambaretto, graduating from the Bachelor of Social Work program at the Fall Convocation, received a commemorative certificate from Dr. Roger Barnsley, President and Vice-Chancellor and his successor, Dr. Alan Shaver.





Andrew Dyck (left) and Alex Fizer, fourth-year economics students, explain their Burn Baby Burn: Climate Change in Canada project to Kamloops-North Thompson Liberal MLA and Environment Minister Terry Lake and Professor Peter Tsigaris during the sixth annual TRU Undergraduate Student Innovation and Research Conference, held on Student Street at the Old Main Building. The conference showcased the original scholarship of 160 TRU undergraduate students.



Flying High

Update on TBIE's first winner

Without the Tony Brower Innovation Exposition (TBIE) of 2010, there might not have been a zipline business planning to open in Chase in 2011. When TRU Tourism Management students Matt Lepp, Daniel Ruzic and Seon Jeon originally completed a plan for a zipline operation for their Resort Management course, they just filed the results. However, when they saw ads for the TBIE, they revamped and submitted their plan. And won!

Using the money, confidence, and momentum that winning the contest gave them, Lepp and Ruzic embarked on their first entrepreneurial enterprise—Treetop Flyers—even before they graduated from TRU. Lepp and Ruzic find they are directly applying lessons they learned in the classroom, including marketing courses from the School of Business and Economics, in which Ruzic has a minor and Lepp his second major. In addition to the general marketing of the operation, their lessons are assisting them as they negotiate the public relations necessary to engage the local community. Along with their two partners, they have each brought their areas of expertise to the many aspects of developing a business.

Their connections with Thompson Rivers University extend beyond the competition and the classroom. They are now recruiting through the TRU Career Education program for students to act as guides this summer. In one short year, the first Tony Brower Innovation Exposition was the impetus to develop a set-aside idea into a four-person business employing eight students. A remarkable beginning for the Exposition and the winners.

web
xtra >> [www.tonybrower
exposition.com](http://www.tonybrowerexposition.com)

Northern Pacific Rattlesnake

Story by Sadie Cox, photos submitted by Jessica Gosling and Emily Lomas

Northern Pacific rattlesnake habitat is threatened by urban developments and other various land uses, such as off-road recreation, forestry and ranching.

The research of TRU MSc Environmental Science graduate student, Jessica Gosling, looks at whether grassland habitats used by Northern Pacific rattlesnakes during the summer months can be accurately predicted. Her research, supervised by professor Karl Larsen, aims to determine whether these movements are driven by temperature variation over the animals range and if movements can be modelled and predicted by creating a thermal-landscape map.

She is also trying to determine whether forested areas are commonly used for habitat and therefore, whether snakes are potentially affected by forest harvesting practices. The study involves the radio-tracking of 15 to 20 snakes each year through their active season at multiple study sites including those around Kamloops, the Nicola Valley, Ashcroft, and the south Okanagan.

“Rattlesnakes are really cool, mysterious animals,” said Gosling. “I’ve always loved animals and jumped at the opportunity to gain a very detailed understanding of a species.”

The Northern Pacific rattlesnake is both the only member of the viper family and the only venomous species found in BC. This rattler

is not a large rattlesnake in comparison to other North American species. An extremely large male would be only 110 cm from the tip of the snout to the end of the tail and individuals of this size are very rare.

Rattlesnakes are most commonly found in the dry, semi-arid grasslands of the southern extremes of BC. Denning sites tend to be at lower elevations in the hottest valleys of the Thompson and Okanagan region and this is where the animal is most likely to be encountered in early spring.

However, recent radio tracking of rattlesnakes by another graduate student led to the discovery that the reptiles venture higher up in the valleys than expected, into lower-elevation forests during the hottest part of the summers.

It is still not fully understood why snakes den in certain places, or why they follow certain migratory pathways during the summer months.

Gosling hopes the information gathered from her project will offer a better understanding of what rattlesnakes do during the summer. The computer model she’s creating could in theory, be applied to many rattlesnake dens to get an idea of their movement patterns.



“Rattlesnakes are really cool, mysterious animals”

*Jessica Gosling,
MSc Environmental Science student*

“The goal of the project is to create a tool that can be used to predict the path of the summer migrations of snakes from the many dens in our province,” said Gosling. “Modelling the landscape around a den and then determining where the snakes are likely to travel will enable us to effectively design the protected areas.”

Currently, rattlesnakes are protected via the creation of Wildlife Habitat Areas (WHA) around known den sites. Gosling said to date, research has been geared towards small-scale habitat use.

“While this gives us a much better understanding of habitat features that are used, it has been difficult to generalize the

Research Review



Photo by Hillary Ward

large-scale habitat use of rattlesnakes from different dens.”

This results in many snakes travelling outside the boundaries of the WHA’s and into habitats that are protected.

In this study, the tagged animals from four of six dens extensively used forested habitats, while the snakes from the remaining dens exhibited typical grassland habitat use. Preliminary results from the thermal models suggest movements for most animals are directional, and during the months following emergence (April–June) snakes use habitats with a thermal advantage. The snakes in the study also selected cooler habitats during periods of increased temperature and the patterns suggest the use of warmer habitats in the late summer may be related to dropping overnight temperatures.

One of the obstacles to protecting Northern Pacific rattlesnakes and protecting their habitats is overcoming public misconceptions.

“I think the biggest misconception is that these animals are aggressive and will actively try to bite,” said Gosling. “In reality, they are remarkably docile and would much rather retreat and hide than encounter a person.”

Steps that can be taken to prevent rattlesnake bite include staying on trails, watching footing and wearing sturdy footwear and pants.



Recent radio tracking of rattlesnakes has led to the discovery that the reptiles venture higher up in the valleys than expected



Radio-telemetry is being used to track the rattlesnakes



At another site...

At another site, this time Osoyoos, BC, a second graduate student is also working on rattlesnakes. Emily Lomas is pursuing her MSc degree (also under Karl Larsen's supervision) by examining the impact that development and human disturbance has on the seasonal migration and habitat use on the snakes. She is working in an area where continued development has encroached on rattlesnake habitat and in particular, prevents an obstacle to normal movement patterns. Emily is also using radio-telemetry to track rattlesnakes as they leave their dens.

However, she also follows 'control' snakes at additional undisturbed locations, in order to understand how the snakes using the disturbed, developed land may have shifted their normal behaviour. Along the way, she is also collecting data on growth and size of the animals, shedding frequency and, this summer, she will be attempting to test the animals for levels of stress hormones. Her work is being conducted in partnership with Environment Canada, the Osoyoos Indian Band, the tourism industry and of course, TRU.



Emily Lomas is pursuing her MSc degree by researching snakes' seasonal migration and habitat

Karl Larsen's Wild Side

Karl Larsen came to TRU in 1997 from Alberta where he worked as a wildlife ecologist with a pulp-and-paper company. He is a professor in the Department of Natural Resource Sciences at TRU and an adjunct faculty member at the University of Victoria and at the the Irving K. Barber School of Arts & Sciences at UBC-Okanagan.

Larsen's work has primarily involved terrestrial vertebrates such as the Northern Pacific rattlesnake, the spadefoot, painted turtle, the jeffersoni badger and the North American red squirrel.

Much of Larsen's research has investigated limits and constraints on populations, often in terms of the movement ecology and dispersal of animals. He is also beginning to address theoretical questions in dispersal using laboratory colonies of roly-polys, which are small terrestrial isopods (crustaceans), and he is deeply involved in the conservation biology of species-at-risk.

Larsen is currently supervising nine MSc students and two PhD students working on various projects across the province. He plans to take on new students in the coming year and encourages those interested to contact him.

Undergraduates interested in gaining research experience may want to consider a directed studies or honours project, with Larsen or another Professor. Undergraduate research assistant positions, where students work alongside graduate or doctoral students, also offer invaluable experience and an opportunity to explore possible future areas of study.

More information about Larsen's research or about the ongoing research of his students can be found on his webpage.

Wine-fed cattle, more than one benefit

Stories and photos by Jenifer Norwell

A tasty new style of steak may have more benefits than just flavour according to a TRU researcher. John Church, a professor at TRU and the British Columbia Regional Innovation Chair in Cattle Industry Sustainability, is examining how mixing wine into cattle food might help to reduce greenhouse gases.

Along with his graduate student, Paul Moote, Church is breaking new ground in agricultural research. He's teamed up with a farmer in Oliver, BC to test the manure of wine-fed cattle to see if some of the compounds in the wine are reducing the number of methane-producing bacteria.

"We would be the first to be looking at the connection between wine and the tannins and the potential impact on climate change," said Church. "We're looking to cut emissions wherever we can and it's quite conceivable

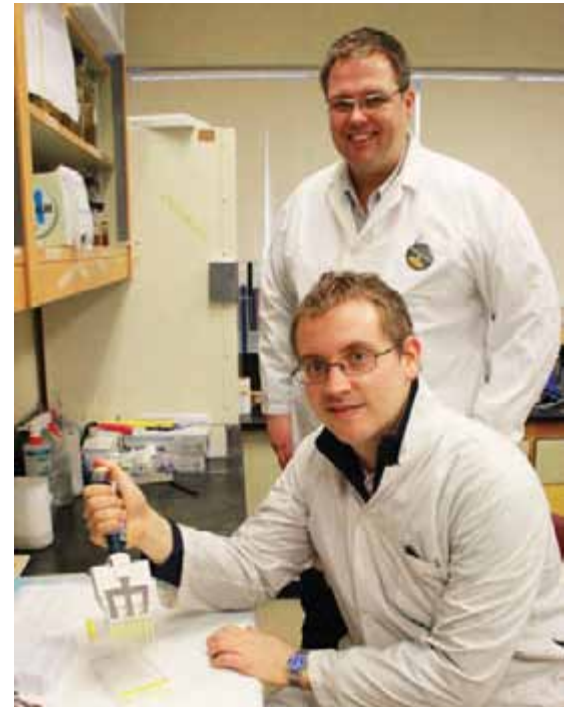
with dietary intervention, we could have a big impact on emissions from agriculture."

The combination of wine and cattle isn't the only mix going on in this project. As part of their research, Church and Moote are working with the chemistry department at TRU to draw on the strengths of different disciplines.

"The beauty about TRU is there's a lot of collaboration," said Moote. "Since the beginning of this project, it's been a total success."

Moote isn't the only one with high hopes for the project. Church would like to see this research partnership between the cattle and wine industries lead to beef that's tastier, safer and more environmentally friendly.

"It's absolutely a wonderful pairing," said Church.



Dr. John Church, Professor at TRU and his graduate student Paul Moote

Going to greener beef

The research is greener on the other side—at least when it comes to grass-fed beef. In addition to his work with wine-fed cattle, TRU's John Church is studying the potential environmental and health benefits of increasing the amount of grass in a cow's diet.

"We need to develop alternatives," said Church.

Grain-fed cattle produce over 150 litres of methane per day and have lower levels of beneficial omega-3 fatty acids.

Feeding cattle more grass, Church poses, could reduce the amount of methane produced by the cattle by 30 to 40 per cent and increase the levels of omega-3 fatty acids in the beef.

"BC is the best place on earth and we want to make BC beef the best beef on earth and the way we're going to do that is to make it healthy for people and healthy for the environment" said Church.

Sustainable Beef Day 2011

In the popular "Lunch & Learn" tradition started with 2010's Sustainable Seafood Day, Science students teamed up with Culinary Arts students to inform and nourish the noon crowd at the Culinary Arts Cafeteria on the TRU campus.

Is eating beef bad for the environment? Does it cause cancer? Does eating beef put you at a greater risk for heart disease? Is grass-fed beef better for you than grain-fed beef? What about organic?

These and other important questions about beef cattle production were answered by students in AgSci 2200, while patrons dined on locally grown and sourced beef dishes, skilfully prepared by TRU's culinary arts students.



Up Close and Personal with a
Momma Bear &



her Cubs

Photos by Alysa McCall



Alysa McCall, BSc 10

Alysa McCall, BSc '10, spent a few summers as an undergrad studying small mammals—deer mice and voles—in the grasslands and researching spadefoot toads under the supervision of Karl Larsen. Her work earned her an Alexander Graham Bell Canada Graduate Scholarship of \$17,500 and entrance to grad school. This spring McCall was in Manitoba and sent her TRU professors a quick email and with photos of her fieldwork with the University of Alberta.

"You guys really did prepare me well for this kind of learning and research. Through talking with the other ecology grad students, I know that I definitely had some of the best undergrad experiences possible!" wrote McCall. "I am in Churchill right now for fieldwork and just wanted to pass along a few pictures that I've taken in the last couple weeks (sorry Lyn [Baldwin], no plants in sight)! As much as I liked small mammals and spadefoot toads, this is pretty exciting stuff!"

From a helicopter, McCall spent a few weeks looking for female polar bears just emerging from their dens with cubs. After tranquilizing the bears the team tagged, tattooed and recorded many measurements such as skull size. She recounted the story of working on a mother polar bear that was close to waking. She had to put her hands in the bear's mouth to help hold her jaw open and head still while her supervisor extracted a tooth. All she could think about was that she had her hands inside the mouth of a momma polar bear who was about to wake up! But they finished before the bear fully came to.

"These animals are just incredible, as is their environment—the sea ice is spectacularly beautiful. While here I've also seen seals, moose, caribou, wolves, red foxes, an arctic fox, many ptarmigan, and snowy owls. It's been a pretty amazing trip for an aspiring biologist, even though it can get ridiculously cold! So thanks again for everything you did for me in my undergrad years, it's really paying off now!"

Brown Family

House of Learning:

By Sarah Bruce

When the Brown Family House of Learning opens its doors to students, the benefits will go beyond the new spaces for the library, Aboriginal Education Centre, and faculty. The campus' new centre-piece will offer a haven for students to work, meet, eat lunch, research, and discuss assignments in a beautiful setting.

Walking through the north entrance, students will be amazed by the amount of natural light pouring in. The entire north wall is clad floor to ceiling in glass, ensuring less need for lights. "The building uses light, windows and wood beautifully," says Nancy Levesque, the library director. "It is welcoming and inviting for students."

Common areas have open, flexible seating—tables and chairs on wheels can be pushed together or pulled apart—for students to use as they require. "The students can arrange and rearrange study space as they need it," Levesque says, excited by the flexibility the whole building provides. The study spaces line the windows overlooking the treed campus commons, and a fireplace warms up a corner on three floors. Classrooms, labs, meeting rooms and eight group

study rooms adjoin the common spaces, with easy access to the Writing and Math Centres. Two rotating rows of library reference shelves on the third floor hold 40 to 50 thousand books. Light streams in from both the north and south facing windows, creating a peaceful study space for students ready to work.

In the central atrium, glass-walled stairs provide a four-storey view of a living wall. Lush tropical plants in a vertical garden help the building to ventilate. The building has gone for the gold in Leadership in Energy and Environmental Design (LEED), following construction guidelines to create an environmentally sustainable building. LEED status based on the number of credits a building earns during the inspection process. In addition to its natural lighting and living wall, the Brown Family House of Learning won LEED credits for the 487 pine beetle logs forming the stunning roof in the Irving K Barber BC Centre. It is the first LEED Gold Certified facility at TRU.

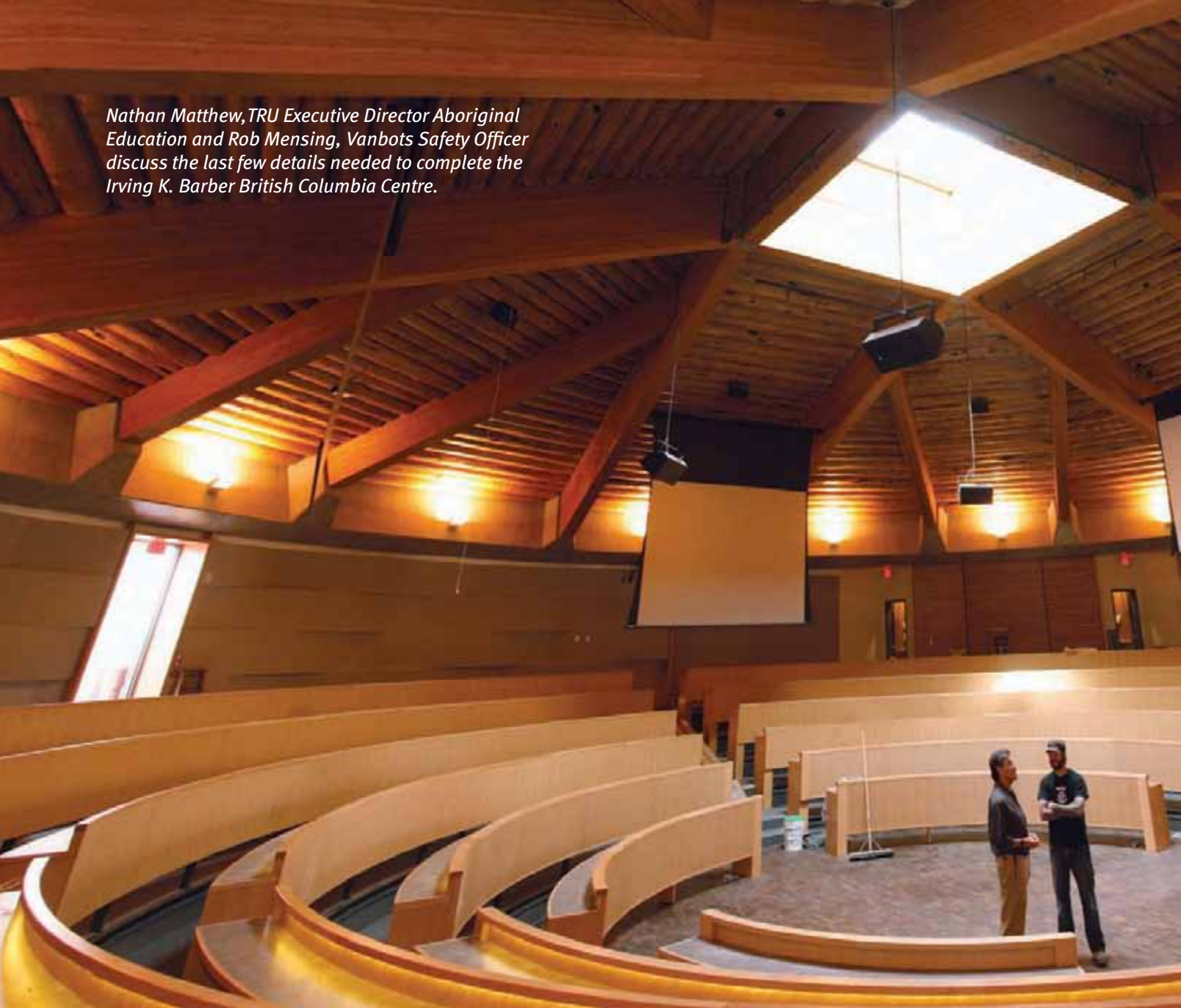
The student study areas, the flexibility of the space, and the synergy of having many different resources under the same roof have >>

Photos by Bart Cummins





Nathan Matthew, TRU Executive Director Aboriginal Education and Rob Mensing, Vanbots Safety Officer discuss the last few details needed to complete the Irving K. Barber British Columbia Centre.



Continued

Levesque eagerly anticipating the new building. Students can start with the library help desk to find research materials and then access the Writing Centre for help writing papers. Faculty can attend library orientation sessions and access the Centre for Teaching and Learning. The Brown Family House of Learning will provide nearly twice the number of computers available in the existing library, as well as almost 400 chairs for students in a variety of workspaces.

“The first floor is jumping with Tim’s, the help desk and the learning commons,” Levesque says. A full service Tim Horton’s fronted by ample seating faces the north entrance. Next to the south entrance, the Aboriginal Education Centre includes space for First Nations business, technology, and leadership programs. It features an exhibition space for art and artifacts, leading into the lobby of the Irving K Barber BC Centre, a 300-seat theatre designed to

resemble a traditional Secwepemc pit house.

The Barber Centre’s round theatre gives a three-dimensional quality to performances and encourages interaction. “The donor believes in bringing people together,” Levesque says. “A room like this reduces the barriers of geography.”

The open, adaptable learning commons will also allow for more student interaction and group activities. Just outside its windows,



Photos by Bart Cummins

the circle of the campus commons is now completed by the building's concave north face. Balance and harmony with the other buildings around the circle, and the unobstructed views in as well as out, will further the sense of community students feel on TRU's campus.



The four storey living wall in the atrium is more than ornamental. The plants are growing hydroponically over a membrane that is also part of the building's HVAC system. The plant's natural processes of photosynthesis and transpiration refresh the building's air quality by adding oxygen and humidity.



Tule, rushes and grass mats were used for covering Secwepemc summer lodges. These indigenous materials are evoked in the lines etched into the glass stair railings.



Students are encouraged to make the space work the way they need it on the first and second floors so all the furniture is moveable. There is room for 400 students to work and 40 laptops for sign out plus desktop workstations.



A giant coyote is positioned in a loping stride towards the rising sun. Constructed completely from bent and rolled Corten Steel stars, the body of the coyote suggests an energy or imagination of both the earth and the sky. John McEwen, a senior, internationally recognized, Canadian is the sculptor. *—Ila Crawford*



Standing in front of a piece titled Wall drum, hexagonal, is Joanne Brown, TRU Aboriginal Education, Coordinator Aboriginal Projects and Communication. The acrylic on canvas piece was created by Secwepemc artist Dave Seymour and is part of the Aboriginal Education Centre's permanent collection.



Mark and Ellen Brown led the way with their contribution to name the new facility. The strong community of supporters included Ike Barber, the Fawcett family and many other organizations whose support accented the funds received from the Provincial and Federal Governments.

ALUMNI MEMBER ACCOMMODATIONS

1, 2 and 4 private bedroom kitchenette suites, executive loft suites, complimentary continental breakfast, local calls, parking, satellite TV and internet access.

ALUMNI RATE

As a TRU Alumni cardholder, you qualify for the 'Alumni Rate' at our Kamloops location, as well as our 15 other locations throughout Ontario. Your TRU Alumni card will have to be presented at check-in to qualify for the 'Alumni Rate' and will be used as your room key for the duration of your stay.

When making your reservation please indicate that you are a TRU Alumni. Your TRU Alumni card will have to be presented at check-in to qualify for the 'Alumni Rate' and will be used as your room key for the duration of your stay!



Residence & Conference Centre – Kamloops

Bag 7000-900 McGill Road
Kamloops, BC V2C 6E1
Phone: (250) 828-8999 Email: tru@stayrcc.com

STAYRCC.COM/KAMLOOPS



Achieving Great Goals



Meaghan Buisson, an 11-time international medalist and World Record holder in the sport of inline speed skating, graduated with distinction from Thompson Rivers University, Open Learning (TRU-OL)'s Bachelor of Science program in 2010. Buisson recounts her inspirational educational experience with TRU-OL:

When I stepped across the stage for my graduation from Thompson Rivers University, Open Learning (TRU-OL) I kept thinking "I'm really here."

Receiving my degree marked the culmination of a long, hard journey racing around the world, literally. As a national team athlete in the sport of inline speed skating, sitting in a traditional classroom simply wasn't an option. I bounced through five universities before finally finding the right "fit" at TRU-OL. Through TRU-OL's flexibility and support while working towards my Bachelor of Science program, I was able to complete my degree one course at a time. I quickly learned how to study in trains, planes and automobiles while crisscrossing oceans and continents. My reading selection caused

raised eyebrows on the World Cup circuit more than once. What, doesn't everyone read a biology textbook while sitting on a stationary bike?

Somehow I managed to balance school and sport; breaking a world record one day, writing a final exam the next. I've stood on international podiums and known the pride of hearing the Canadian anthem play following a skating victory. However, I can honestly say the feeling of finishing my degree is every bit as special to me as anything I have accomplished on skates.

I'll never forget the day of my graduation. As a TRU-OL graduate (Bachelor of Science, Biology/Life Sciences, 2010), the ceremony held special meaning as it was my first time ever seeing the campus. When I met faculty and support staff, individuals whom I'd only known through email and phone, all I could say was "thank you." Their support and encouragement was amazing. They are the pillars upon which TRU's Open Learning programs stand strong.

I read a quote once that said people need both "roots and wings." My degree through

TRU-OL has given me both. As I turn in pursuit of graduate studies, I do so with the knowledge the quality of my degree from TRU-OL is recognized worldwide. The skills I gained throughout my undergraduate program, including time management and self-motivation, coupled with the quality of my education, are intangible assets. My degree has opened doors I didn't even know existed and there is not a day that goes by when I am not grateful for TRU-OL. I wouldn't have graduated without having the online learning option.

While I'm not sure when I'll be on campus next, one thing's for certain; no matter where I go in this world, I'll always be a proud graduate of Thompson Rivers University.





Places you can go:

Sri Lanka · Cambodia · Guatemala · Peru
 Swaziland · India Rwanda Kenya
 Bali · Nepal · Haiti · Philippines · Tanzania

2011 DAA recipient Marcia Julian and friends

Making a difference with Developing World Connections

By Allison Gibbard

Developing World Connections markets an international volunteer experience. “It’s not just travelling and sitting on a beach, we are actually helping to change someone’s life,” said Sarah Kurzac, a third year business student at TRU who has been involved with DWC since 2005. Her first student trip was to Africa. “That’s where it all started,” says Kurzac, who is in Cambodia this month as a team leader. “The coolest thing about this is it gives meaning to the trip.”

Developing World Connections offers the chance for students to spend four weeks, “getting their hands dirty and working alongside members of the community,” in order to lend a hand on a project to help develop a community in need. DWC is a

charitable organization that has partnered with TRU since 2009. According to Jessica Kleissen, DWC communications coordinator, “It’s awesome and it counts as the fifteen hours needed for students to earn a global competency credential when they graduate.”

Students have the opportunity to work with other youth ages 16 to 29 from all over Canada. There are 13 countries and 19 communities within the developing world that students can volunteer in with their team. Jan Petrar, manager of international student services, says, “many students wish to do humanitarian work and DWC is a local, verified organization. We’ve even had students volunteer as well as become leaders within the organization.”

The trip can cost up to \$5,000, depending on destination, including meals, accommodation and transportation. It also includes a direct donation to the host partner for the project and other programs within the community. But Kleissen says, “what’s neat about our organization is because we’re a charity, we can fundraise.” Each student can fundraise for their trip and anyone who contributes can get a tax receipt. TRU students who want to travel and lend a helping hand can visit the website to learn more. According to Kleissen, 95 per cent of participants have a life-changing and eye-opening experience.



www.developingworldconnections.org



Our students are engaged with people from other countries offering a global perspective to what they are learning and the way they live and work.

Alan Shaver, TRU President and Vice Chancellor

TRU's International students make significant contributions to the local economy and university culture

International students attending Thompson Rivers University contribute \$88 million to the Kamloops economy each year.

A report entitled the "Economic Impact of Thompson Rivers University's International Students on the Kamloops Economy", by Dr. Zena A. Seldon, Associate Professor of Economics in the School of Business and Economics, reveals a current annual economic impact of \$87.8M, more than seven times the contribution in 1996, and more than double the 2005–2006 figure.

"It is notable that the efforts of TRU World have also increased TRU's capacity for domestic students by 25 per cent," said Alan Shaver, TRU President and Vice Chancellor. "Equally impressive is the effect of internationalization on our campus. Every day our students are engaged with people from other countries offering a global perspective to what they are learning and the way they live and work."

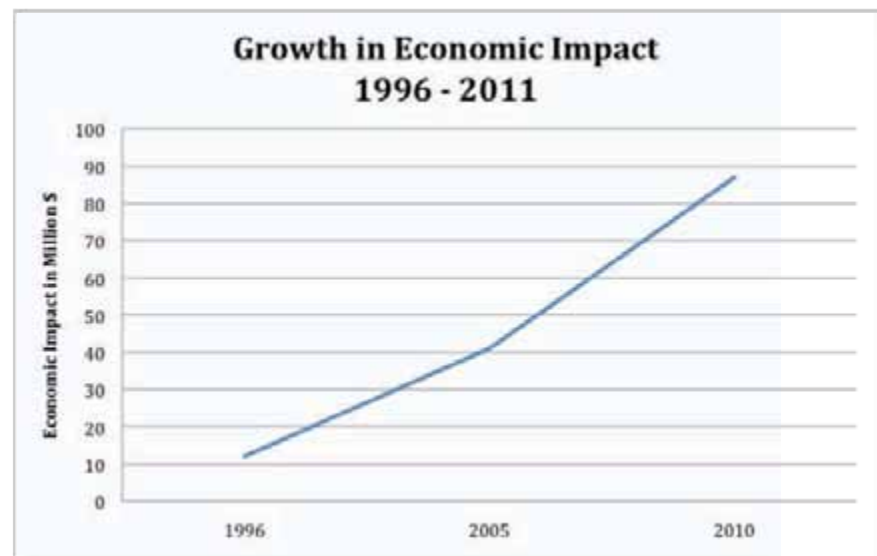
This year, 1,460 students from 85 countries are attending classes at TRU. The report asserts that those individuals will on average each spend approximately \$28,800 yearly in Kamloops; \$14,700 on tuition and fees, \$11,700 on basic living costs and \$2,300 in capital purchases.

"The international students' demand for degrees offered by TRU will continue for the foreseeable future," said Dr. Wes Koczka, Associate Vice President International. "TRU World is planning for controlled growth over the next five years."

Cumulatively, international students' total direct expenditures generated in Kamloops is estimated to be \$49.7M; \$20.6M in basic living and capital purchases, \$21.5M in tuition and fees, \$6.8M from international student visitor expenses, and \$834K in short term program fees. Applying the economic impact multipliers used in 2005–2006, 2.19 for tuition and 1.43 for all other spending,

fees. In 2005–2006 the economic impact was estimated to be \$41 million.

Dr. Seldon's report is, in part, an update on a previous analysis developed by the late Dr. James Seldon, Professor of Economic, School of Business and Economics, released in 2005–2006.



the estimated \$88M in 2010–2011 includes \$29.4M in living expenditures and capital purchases, a conservative figure of \$47.1M in tuition payments, \$9.7M in visitor spending and \$1.8M in short term program



To read the entire economic report visit:
www.mytruworld.ca/Stats/StatPlanet.html

Q&A with Alan Shaver

1. What excites you about the opportunities and challenges at TRU?

TRU is only forty years old as an institution yet we are standing on the threshold of having global impact, not only through our graduates and our research but also through the accessible educational model that we present. We deliver relevant programs on campus and online, suiting the flexible needs of today's learner. With our international initiatives, our students learn about other cultures and are prepared to work in a world that continues to get smaller. Our research topics are very important to other parts of the world, (great research, I might add!) such as our chairs in Community and Ecosystem Ecology, Cattle Industry Sustainability, Innovation in Culture and the Arts and E-Learning Practices. People all over the world identify with these areas.

Our challenge is for us to realize our potential. When I talk about TRU's potential many people nod as if I'm saying something that everyone knows. And when I say we've got to work together to achieve it, everyone agrees. Then when I ask how we're going to work together, they all look at me. It's a huge responsibility and I am excited to be part of a process to bring people together around a shared vision of our potential, to work together as a University, as a community, as faculty, staff, and students. Working together— isn't this the challenge that the world faces? We're really a little microcosm of the world right here in Kamloops.

2. TRU does well at attracting regional students, yet the overall number of high school graduates is declining. What do you think TRU should do?

This challenge is being faced by a lot of universities in Canada because of changing demographics. The only place where the annual number of high school graduates is increasing is in the greater Toronto area. For some universities it has been an issue for some time. In the '80s and '90s Quebec's demographics changed dramatically as a result of the quiet revolution. McGill decided it had to be a national University and now has a very high percentage of students from outside Quebec. Dalhousie has demographics more challenging than BC. It has taken the same path, positioning itself both nationally and internationally, now attracting over fifty per cent of its students from outside the province. BC's demographics are much less severe. Additionally, more people than ever recognize the value of a University education and this generates upward pressure on participation rates.

We are doing a number of things including formulating an integrated recruiting plan which will communicate the advantages of a TRU education in Kamloops to a larger national student audience as well as continuing to develop our tremendous strength in recruiting international students. We aren't going to forget our own community's students. Quite the contrary, recruiting more domestic students from the rest of Canada will enhance the educational experience for our students at TRU and continue to vitalize Kamloops. A vital student body attracts other quality students.

Besides being a national destination for high school students, TRU also has a tremendous opportunity to serve other demographics. The future of lifelong learning is embodied at TRU through Open Learning and its growing expertise in PLAR (Prior Learning Assessment). Many people can't simply stop what they're doing mid-life and go back to school; they need access to online and distance education or the option of a blended

kind of approach. Students, regardless of their age and goals, whether it's their first degree or they are coming back, can have a blended experience and take advantage of both sides. If someone wants a special kind of course but can't get it on campus, they should be able to get it online. That is a great way of achieving their goals, whether they are from Vancouver or Toronto. We have an opportunity to be very flexible in terms of meeting students' needs. Again going back to the vision—this is what the world needs.

3. Do you pay attention to Maclean's University Rankings?

I pay attention to *Maclean's* University Rankings; they have done a tremendous service in providing data on post secondary education to students and parents. I don't think that the rankings are always very relevant. I have seen Universities that were ranked number one "slip" to number four, not because they themselves had changed, but simply because *Maclean's* had changed the methodology of the rankings. When several universities decided not to take part in the rankings, *Maclean's* changed the methodology again and I know of one university whose ranking went up. So the methodology of the rankings is arbitrary. Some people say TRU should be in the rankings. I think this is something we all should discuss. Also the data is intended to profile conventional universities and this might not serve TRU well since data on Open Learning and the trades would not be included. Nevertheless, the data items can be useful to look at. Independently of the participation issue, being aware of other university's data and comparing it to ours is useful for understanding our university.

4. In the past five years TRU has built BCCOL, the Residence and Conference Centre, and the House of Learning. Expansion is underway at the Campus Activity Centre, and is planned for Old Main. How do you manage growth without compromising the community feel of a university?

Fortunately we have a campus plan and it stresses densification and concentration. The current and planned construction is focused on keeping the people spaces concentrated, which is very helpful in maintaining a sense of community. There are other campuses in Canada whose buildings are spread out, which I think can undermine the sense of community because buildings can become silos and people don't have to bump into each other.

For example, I think TRU's circular plaza by the CAC has been really well thought out and developed over the decades. The Brown Family House of Learning completes the circle. The other three buildings have convex shapes projecting into that plaza while the House of Learning presents a beautiful concave shape that completes the plaza. It generates a harmony that invites and communicates that this is the place to be. It's important to think about these things because they transcend individual building projects. We have to bear in mind that our sense of community is very important for us to achieve our potential.

5. We are about to open the first new faculty of law in Canada in over 30 years. Why is this important?

I think it's really important on a national scale. Our program will equip the student with a practical experience, not just a theoretical one—practical skills both for the practice of law and for research that will be useful. We are specializing to a certain extent in aboriginal law practice matters. Our law school is another example of TRU boldly walking onto the national stage

and saying “hey, we’ve got something to contribute and we’ve got a mission here—to make legal advice and a legal education more accessible”. In a recent address, Chief Justice Finch chastised Canada about the number of people who appear in court unrepresented by legal counsel. He pointed out that the number of lawyers graduating in BC has not kept up with the province’s expanding population or the rate of retirement for lawyers. He also talked about the number of people who have to leave the country to get a legal education. Many people seeking a legal education want to work with NGO’s and in community offices, not just to practice law. There is almost 5 to 1 ratio of applicants to seats for law school; it’s harder to get into some law schools than it is to get into medicine school. Yet when you think about peoples’ important landmark projects such as buying or selling a house, getting married or unmarried or starting a business, one realizes that one needs legal services. I believe it is important that Kamloops and the people of the region have access to legal services and that our young people have an option to get a legal education.

The response across Canada has been remarkable. I believe that our law school is an ice breaker for Canada. It’s that “TRU vision thing” again: doing things of importance locally realizing that they are usually important nationally, and internationally too.

Alan Shaver will be installed as Thompson Rivers University's third President and Vice-Chancellor on June 8. He came to campus September 1, 2010, officially assuming the responsibility of the position December 1. He took some time to reflect on his first months at TRU with Bridges





The floor of the TRU Gymnasium is crowded with 530 student recipients meeting with the representatives of the 280 donor sponsored awards giving close to half a million dollars to students at its Annual Foundation Award Ceremony in November.

Invest a little, give a lot

Gifts of securities—that is, gifts of stock, bonds and mutual funds—have become a popular choice for donors to universities across Canada. Gifting shares instead of cash became a wealth management option when the federal government eliminated the capital gains tax on gifts of securities to charitable organizations. Previously, donors were required to pay capital gains tax on the difference between the securities' purchase cost and market value. That tax had the potential to substantially reduce the benefit of the charitable donation tax credit.

Donors can now donate listed securities to the Thompson Rivers University Foundation, obtain a tax receipt for the market value of the gift, and be completely exempt from any capital gains tax. The tax provision applies whether the securities are donated outright

in a given year, or are donated through a bequest in a will. Donations of securities are an appealing way for donors to take advantage of a major tax saving incentive and make a larger than usual contribution to the TRU Foundation.

In the example below, donating securities eliminates \$1,748 of capital gains tax that would otherwise be payable on the sale, and the donor receives a tax receipt for \$10,000.

A donor selling all or a portion of an investment in securities that have appreciated significantly may be able to donate a *portion* of the shares to TRU, using the charitable donation tax receipt to eliminate the capital gains tax that would otherwise be payable.

Below is an example of the tax savings when a donor gifts the securities rather than selling the shares.

Example: a *gift* of securities versus a *sale* on securities now valued at \$10,000 which were purchased for \$2,000

	Gift	Sale
Current Securities Value	\$10,000	\$10,000
Cost of Securities	\$2,000	\$2,000
Capital Gain	\$8,000	\$8,000
Taxable Capital Gain	\$0	\$4,000 (50% of \$8,000)
Tax on Gain	\$0	\$1,748 (43.7% of \$4,000)
Charitable Tax Receipt	\$10,000	\$0

Most gifts of securities are made through an electronic bank-to-bank transfer and can be done in a very short timeframe. Individuals wishing to make a gift of securities are required to sign a simple transfer of securities form authorizing the gift.

For further information regarding the donation of securities to TRU please contact Karen Gamracy at the TRU Advancement Office, 250.371.5715 or kgamracy@tru.ca.

This information is not intended as nor does it constitute tax or legal advice. Readers should consult their own lawyer, accountant or other professional advisor when planning to implement any donation strategy.

Dan Sanford, RBC Dominion Securities, CIM, FCSI, VP is the Investment Advisor for the TRU Foundation Endowment Portfolio.

Wells Gray Tours is an affinity partner with the TRU Alumni Association and provides discounts to Alumni & Friends on select travel products, one of which is the June 2011 Ireland tour

Discovering all things Irish

By Dawn Rueckl

Arnold and Donna Munroe are no strangers to travel adventures. They navigated the Chongqing airport in China without the aid of an English speaker, and roughed it on safari in Africa. For their latest adventure, they chose Ireland with Kamloops-based operator Wells Gray Tours. "They offered the best itinerary with unique attractions that were different from many other companies," says Donna Munroe. "It was very important to us to see Belfast and Northern Ireland."

Wells Gray Tours is an affinity partner with the TRU Alumni Association, providing discounts to Alumni & Friends on select travel products such as the June 2011 Ireland tour. The 15-day tour begins in Dublin, and travels to Northern Ireland, the west coast by the Cliffs of Moher and the Ring of Kerry, and the Cork and Kerry mountains. Working with ground operator

Discover Ireland, Wells Gray offers not only the major sights such as Giant's Causeway, the Burren, and Blarney Castle, but also personal experiences.

One of the highlights is staying at farms in the Kilkenny region. "The farm stay is a perfect way to get to know the people and learn about life here," says Marg Myers, who brought her daughter on the tour. The Munroes spent hours chatting with their hosts, a deer farmer and school teacher. Travellers also experience a horse and cart ride through the park, tea and scones at the dairy farm, a sheep dog demonstration, and time at the pub, heart of the Irish cultural community.

One of the greatest advantages to group travel is the services of the tour director and local guides. "I really enjoyed the history and the stories," says Myers of their driver-guide, Dennis. "He was

so entertaining and educational and well spoken." A Wells Gray tour director accompanies the group throughout, handling any adjustments to the itinerary. After all, the mantra of the seasoned traveller inevitably begins with, "Even the best laid plans..."

For the Munroes, the decision to travel with Wells Gray Tours evolved when they were in China and saw the itineraries offered by the Wells Gray group they encountered there. "Our first tour was to Vietnam, and we were just so impressed with how easy everything was—the itinerary was so well researched. Now Wells Gray Tours is my home page!"

'85 Dawn Rueckl (nee Ridgway) Kamloops, BC. Dawn finished her University Transfer and went on to complete her BA from UBC. Dawn is currently Vice-President of Wells Gray Tours Ltd. and is working with the TRU Alumni and Friends Association to provide discounted Travel experiences for the TRU Alumni and Friends membership.

'08 **Keishia Treber**, Kamloops, BC, obtained her diploma in Fine Arts and has since displayed and marketed her work through galleries and other venues across BC. She is a figurative expressionist artist working in multi-disciplinary media, specializing in vibrant figurative paintings (on right), contemporary abstract works, textile illustrations, and acrylic on glass pieces. Find her website and blog on Facebook.



Did You Know?

You are a member of the TRU Alumni & Friends Association if you are a:

- Past Student of TRU who has completed 18 credits
- Mentor in our TRU Career Mentoring Program
- Donor to the Foundation and our student scholarship program
- Graduate of TRU

The Alumni and Friends Association is a not-for-profit society that does not charge you for your membership. The programs, benefits and student support that we do offer are made possible through our affinity program partners:



The more our members take advantage of these program offerings the more our members benefit, and the more revenue we receive for the Association to re-invest into our student and Alumni programming.

We are able to keep you informed through our *Bridges* magazine, AGM, website and e-newsletters; involved through our mentoring programs, reunions, golf tournaments and socials; and will continue to invest in our alumni, and students. All we ask is that you stay connected.

To update your contact information, tell your story and get details on great services, visit our website.

webextra >>> www.tru.ca/alumni

'10 **Jessica Baskerville**, Surrey, BC, spent the last year completing her Emergency Nursing Specialty Certification from BCIT, which will equip her for new challenges in her full time position as an ER nurse with Surrey Memorial hospital.

'06 **Jennifer Billingsley**, a HR adviser at TRU was given a Human Resources Excellence Award from the BC Human Resources Management Association. Jennifer tied for the top score in BC on the National Professional Practice Assessment (NPPA), the second half of the Certified Human Resources Professional designation (CHRP).

'01 **Christine Buzinde**, University Park, PA, completed her PHD from the University of Illinois at Urbana-Champaign. Now, as an assistant professor at Pennsylvania State University, she researches the social aspects of tourism with a particular emphasis on the politics of tourism representation within heritage sites, and endogenous community tourism development. Visit PSU's website for more on her research.

'11 **Adam Fizer** received the Joseph-Armand Bombardier CGS Masters Scholarship of \$17,500. Adam has been accepted into the graduate school at Wilfrid Laurier University and will receive two scholarships: the Centennial Scholarship for Academic Excellence, and Leadership, a total scholarship package is valued at \$34,000.

'99 **Christopher Flett**, Vancouver BC, is a new dad, entrepreneur and dedicated community leader, helping to mentor new business people. A best-selling author and expert in gender dynamics in the workplace, he has been interviewed by such publications as the *New York Times*, the *Wall Street Journal*, and the *LA Times*. He currently manages 27 of the 32 businesses he started, and was just named one of the "Top 40 Under 40" by *Business in Vancouver*.

'86 Elizabeth Goodfellow, Vancouver, BC, followed her degree in Respiratory Therapy with a Master of Health Science-Leadership at Athabasca in 2008. Elizabeth then transitioned from an administrative to an educational, direct patient care role where she can provide the best patient care possible and affect change that will promote healthy lives in healthy communities. She currently works with Vancouver Coastal Health as their CPAP Coordinator/Educator, Sleep Disorders and Provincial Respiratory Outreach.

'92 Cary Markin, Barnhartvale, BC. After the Computer Aided Drafting and Design program Cary completed his Residential Designer Accreditation and designed homes in the Lower Mainland for more than 15 years. Recently Cary, his wife and two children moved back to Kamloops and started Markin Home Designs.

'84 & '00 Wendy McKenzie, School of Nursing was awarded the City of Kamloops Heritage Award for her work preserving the military heritage of Kamloops. Major McKenzie was also appointed as Member to the Order of Military Merit by Governor General and Commander-in-Chief of Canada David Johnston. Attached to the Rocky Mountain Ranger reserves in Kamloops, she was recognized for her exceptional service with the Rangers and with the 12th Field Ambulance Unit based in Vancouver.

'09 Tanya Murray, Abbotsford BC. Gunner Murray spent the past winter doing avalanche control in the Rogers Pass. Operation Palaci was her first operational deployment since joining the 15th Field Regiment (Royal Canadian Artillery) in May 2008. She is a member of the Regiment's B Troop in Aldergrove and was named its Gunner of the Year in 2010.

'82 John O'Fee, TRU Foundation Board Chair, was one of 36 people in BC to receive a 2011 British Columbia Community Achievement Award. The British Columbia Achievement Foundation is an independent organization established to celebrate excellence in the arts, humanities, enterprise and community service.

'05 Courtney Reedman, Delta BC. After completing her degree in English Rhetoric and Professional Writing, Courtney completed the Masters of Divinity program at the Lutheran Theological Seminary in Saskatoon, Saskatchewan. On August 29, 2010 she was installed as the pastor of the Benediction Lutheran Church in South Delta, BC.

'11 Cynthia Schaap, Edmonton AB, continued her education at TRU after graduating from the Events and Conventions Diploma program, completing a degree in Tourism Management. Cynthia spent one year on the TRU Alumni & Friends Board of Directors, providing insight on the formation of TRU Chapters, before becoming Catering Sales Manager at the University of Alberta.

'92 Indigo Sweetwater, 2005 Distinguished Alumni Award Recipient for Excellence in Community Service, passed away April 3, 2011. Indigo loved the north: the people, the land, and the culture. She focused her nursing career on Aboriginal/First Nations/Inuit health, working in native communities in BC, NWT, and Nunavut.



'07 Russell Ferguson and '08 Kathleen Ferguson (Cooper), Kamloops BC. After Russell and Kathleen (Kate) graduated with their BSc in Nursing they married in June of 2010. Russ now works full time as a Registered Nurse in Mental Health and Kathleen works part-time nursing at RIH in Obstetrics and has started Kathleen Ferguson Photograph.

Where are YOU now?

Send us your update in 160 characters or less. Your classmates are asking for you!

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Name while a student:

Major and grad year:

Address:

City/Province/Postal:

Phone number:

Email address:

News:

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2011 Distinguished



Alex Parker

Scientific Research Award

Bachelor of Science 1994

Internationally known researcher Dr. Alex Parker's dedication and findings have shaped the path of research in neurodegenerative diseases. Parker uses garden-variety worms as part of the path to preventing neurodegenerative diseases like ALS and Huntington's.

A combination of factors led Parker to where he is today, but it was hands-on research during a semester of Directed Studies at TRU that changed his path forever. Medical genetics became his new interest and he pursued it further while completing his PhD at UBC and postdoctoral work in France.

Parker has not forgotten his roots and generously visited TRU in 2010 to speak to students and faculty about his work in Montreal and the career path of research, as part of the Faculty of Science speakers program.



Chelsey Tennant

Student Leadership Award

Bachelor of Business Administration 2011

Chelsey Tennant is a high-achieving marketing major in the BBA program who has pushed her GPA close to 4.0. Her outstanding management and leadership skills have produced major accomplishments for both Tennant and the community. As President of the TRU Students In Free Enterprise (SIFE) club, Tennant is keenly interested in putting her classroom theories to work. With SIFE's community projects, Chelsey has been a capable coordinator, helping the group raise 10,000 pounds of food for the Kamloops Food Bank through the Campbell's Can Hunger campaign. She has been a motivator for at-risk youth through the Inspiring Young Minds project, and an insightful resource for Kamloops Brain Injury survivors with literacy and financial matters through the Live Free project. In addition to SIFE, Tennant works in the office of Cathy McLeod, MP for Kamloops-Thompson-Cariboo and was named one of the Conservative Party of Canada's top interns for 2009.

med Alumni



Marcia Julian

BSW, Grace Chronister Award

Bachelor of Social Work 1998

Since 1986, Julian has been building communities through a career in social change and social justice, initially as a social worker from 1986–92, then through a series of managerial and administrative positions with the Ministry of Children and Family Development (MCFD). A highlight of her involvement with MCFD is the Early Years Partnership, which set out ways to give children the best possible start to their lives, bringing together Interior Health Authority, Public Health Agency of Canada, Aboriginal services, Interior school districts, and MCFD, and earning a Premier’s Award in 2008. Julian is a co-founding member and current chair of the charitable organization Developing World Connections and helps organize overseas volunteer work holidays to more than 10 countries.



Shima Iuchi

Arts and Culture Award

Bachelor of Fine Arts 2003

Shima’s creative combination of Open Learning and face-to-face education to complete her TRU degree gave her the freedom to excel as an artist. Since moving to Canada from Japan in 1998, Iuchi has exhibited her interdisciplinary works internationally and has earned first place in the Beyond Borders International Art Competition and grants from the Canada Council for the Arts, Alberta Foundation for the Arts, and BC Art Council. Orca whales traveling year-round between California and Alaska inspired her large-scale installation series, *Transient’s Voice*. Iuchi worked with orca researcher Dr. Paul Spong, incorporating video, animation, and Orca vocalizations to examine their behavior in relation to human transient experiences and notions of “place”. She has worked at The Banff Centre, University of Lethbridge as a Fine Arts Technician, taught drawing and arts classes for youth and adults, and is currently a Lab Faculty member in the Visual Arts department at TRU.



Continued



Canadian Home Builders Association Milestone Achievement Award

The 200-member Central Interior Local of the CHBA is a not-for-profit association that lobbies governments at all levels in a bid to keep residential construction costs down for the health of the industry and affordability for the consumer. Twenty years ago the association forged a strong and strategic partnership with TRU's School of Trades and Technology that has provided hundreds of TRU students the invaluable opportunity to earn course credits while working on real construction sites.

Among those opportunities is helping build the "Green Dream Home" for the YNCA/YWCA each year. Consistently praised by a wide range of organizations, this collaborative project gives students the opportunity to work with leading edge green building technologies on high-end homes and gives local builders a chance to see TRU students at work and to hire many of the students.

TRU Distinguished Alumni Awards recognizes the remarkable people who have achieved outstanding success in their careers or communities.

Call for nominations in the following areas:

- Public or Community Service
- Professional, academic or athletic achievement
- Student Leadership
- Community Milestone Achievement

Nomination forms available at www.tru.ca/alumni/daa

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Past Recipients

2010

Nick DeCicco, Distinguished Alumni Professional Achievement

Lorianna Bennett, Distinguished Alumni Community Service

Dean Fortin, Distinguished Alumni Public and Community Service

Shannon Brooks, Distinguished Alumni Student Leadership

Twyla Russell, Grace Chronister Distinguished Alumni

Interior Health Authority, Distinguished Alumni Community Award

2008

Dr. Katherine Sutherland, Distinguished Alumni Professional Achievement

Craig Jones, OL Distinguished Alumni

Dr Nikita Vizniak, Distinguished Young Alumni

Sharon Simpson, Distinguished Honourary Alumnus

Jo Berry, Grace Chronister Distinguished Alumni

2007

Dr. Jetta Elsebeth, Distinguished Alumni Lifetime Achievement

Cogi Smith, Distinguished Alumni

Mark Zuehlke, Distinguished Alumni

Dr. Andre LeDressay, Distinguished Honourary Alumnus

2006

Don Avison, Public Service

Susan Valerie Carpenter, Professional Achievement

Alan Corbishley, Arts and Culture

Deanna Lorraine Howell, Service to the Community Award

Shelly L. Johnson, Grace Chronister Distinguished Alumni

2005

The Honorable Mr. Justice Joel Groves, Public Service

Dr. Timothy Kieffer, Academic and Professional Achievement

Larry Read, Service to the Community

Indigo Sweetwater, Service to the Community

Dr. Hasnat Dewan, Teaching Excellence

Helen Kormendy, Grace Chronister Distinguished Alumni

2004

Kris Stewart, Professional Achievement

Karla Mundle-Guido, Service to the Community

Hamish Plover, Grace Chronister Distinguished Alumni

Dr. Ying Kong, Teaching Excellence

2003

Jo Rothenburger, Professional Achievement/Service to the Community

Bill Frymire, Professional Achievement

Lisa Allgaier, Grace Chronister Distinguished UCC BSW Alumni

Sukh Heer Matonovich, Athletic Achievement

Dr. Roland Cobb, Teaching Excellence

2002

Patrick Hogan, Professional Achievement

Charlene Yow, Service to the Community

2001

Jane Rowe, Service to the Community

Roland Neave, Professional Achievement

2000

Patricia Sellmer, Arts and Culture

Carolyn Vossler, Service to the Community

1999

Cathy Ferguson, Community Service

Michael Meeks, Professional Achievement

Ralph Tedder, Athletic Achievement

1998

Doug Baleshta, Service to the University

Robert Holden, Community Service

Dr. Ross Boulanger, Academic Achievement

Alan Hay, Athletic Achievement

Ross Spina, Professional Achievement

Mark Madryga, Professional Achievement

1996

Ken Christian, Public Service

Kathleen Hinter, Professional Achievement

Jeevyn Dhaliwal, Service to the Community

Carlyle Matthew, Arts and Culture

1995

Dr. Kelly Uren, Professional Achievement

John O'Fee, Public Service

Karl DeBruijn, Service to the University

Marilyn Poncelet, Service to the Community

Carolyn Boomer, Athletic Achievement

Merrilyn Pennanen, Academic Achievement



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The WolfPack's Greg Stewart named Canadian Interuniversity Sport (CIS) Defensive Player of the year

by Coleman Molner

WolfPack centre Greg Stewart was named the Canadian Interuniversity Sport (CIS) Defensive Player of the Year. It was the perfect end to a five-year CIS career for the 7'2" 290 lb. Kamloops native, and the end—for now—to an incredible story, especially considering his setbacks.

Stewart was born missing his left arm past his elbow and still battles the demons physically and mentally that come with being a one-armed athlete. The biggest challenge for Stewart was commitment.

"I've been known to say things and not follow through," said Stewart. "The ability for me to go out and finish was the most motivating part."

"It was about finishing something that I started," he said. "Individually for me, to overcome working hard, running those sprints when you need to and not giving up. Some people reach those times in every day-to-day basis in life—bad job, bad relationship—sometimes you're just ready to throw in the towel, but I was able to stick it out and go out and play the way I knew I was capable of playing."

"Keep givin' er," said Stewart. "One arm, one leg, can't see, you lost your brother, you lost your mother, that's life—you've got to learn to move on and never give up."

From January onward, it was a different team and a different Stewart—playing much better and winning games over Calgary, Regina and Winnipeg, finishing 4-20. The giant post adapted a workout plan that was much more strict and it showed in his game.

Stewart led the CIS this year in rebounds with 13.3 per game and blocks with 5.6 per game. He said winning the award actually brought him to tears.

"I struggled this year in terms of overall commitment, there were times when I wanted to quit, and the fact I didn't quit and was able to achieve this huge ultimate goal was probably why I felt so overwhelmed."

Stewart said support from the key leaders in his life was key.

"I owe a lot to every coach I've had in university and high school for believing in me. My arm was never brought in to the situation and they looked at me like a basketball player and nothing else."

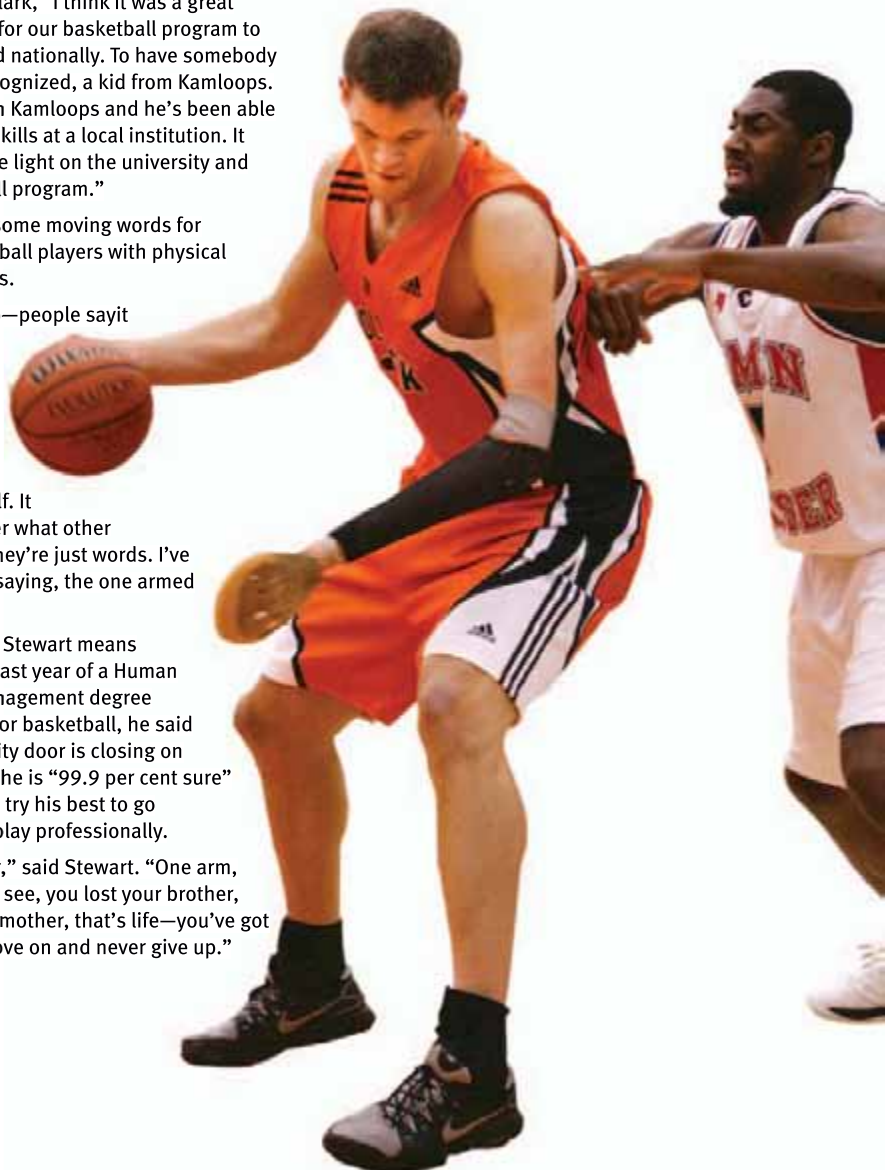
"I'm happy for Greg," said WolfPack head coach Scott Clark, "I think it was a great achievement for our basketball program to be recognized nationally. To have somebody nationally recognized, a kid from Kamloops. He's played in Kamloops and he's been able to refine his skills at a local institution. It sheds positive light on the university and the basketball program."

Stewart had some moving words for young basketball players with physical disadvantages.

"Never give up—people say it all the time because it's true," he said. The only person that will stop you is yourself. It doesn't matter what other people say, they're just words. I've always been saying, the one armed man can."

The future for Stewart means finishing his last year of a Human Resource Management degree program. As for basketball, he said the opportunity door is closing on him and said he is "99.9 per cent sure" he is going to try his best to go to Europe to play professionally.

"Keep givin' er," said Stewart. "One arm, one leg, can't see, you lost your brother, you lost your mother, that's life—you've got to learn to move on and never give up."



Recruits:Thompson Rivers University Wolfpack 2011–12*

Men's Volleyball:

- Brad Gunter (17, 6'7" right side-setter, Courtenay, BC G.P. Vanier Secondary)
- Nick Balazs (17, 6'5" middle, Prince George, BC, D.P. Todd Secondary)
- Chris Osborn (24, 6'8" right side-left side, Phoenix, AZ, University of Manitoba)

Women's Volleyball:

- Brianna Rauch (17, 6'0" left side, Kimberley, BC, Kimberley Secondary)
- Ilania Hecimovic (17, 5'5" libero, Burnaby, BC, Burnaby North Secondary)
- Morgan Kolasa (17, 5'11" middle-right side, Calgary, AB Bishop Gradin High School)

Men's Basketball:

- Richard Bos (17, 6'6" small forward, Langley, BC, Holy Cross Regional High School)
- Justin King (21, 6'4" Las Vegas Nevada-Skagit Valley Community College, Liberty High School)
- Will Ondrik (17, 6'7" forward, Vernon BC-White Rock Christian Academy)
- Mike Zayas (17, 6'2" guard, Richmond, BC R.C. Palmer Secondary)
- Derek Wolf (17, 6'1" guard, Penticton, BC, Penticton Secondary)
- Blaz Bozinovic (18, 6'10" forward, Kamloops, BC, St. Ann's Academy)
- Ivan Bozinovic (18, 6'10" center, Kamloops, BC, St. Ann's Academy)
- Zach Usherwood (17, 5'10" point guard, Surrey, BC, Glen Eagle Secondary)

Women's Basketball:

- Taiysa Worsfold (17, 5'10" guard, Kamloops, BC, Sa-hali Secondary)
- Dana Clarkson (17, 5'11" power forward, Vanderhoof, BC, Nechako Valley Secondary)
- Jade Montgomery-Waardenburg (17, guard, Kelowna, BC, Kelowna Secondary)
- Sarah Malate (Calgary, AB)
- Britney Walton (18, 5'10" wing, Vernon, BC-Vernon Secondary)

*As of April 29, 2011



Brad Gunter,
Men's Volleyball



Brianna Rauch,
Women's Volleyball



Taiysa Worsfold,
Women's Basketball



Blaz Bozinovic,
Men's Basketball



Ivan Bozinovic,
Men's Basketball

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KAMLOOPS 2011

WESTERN CANADA SUMMER GAMES

THE GAMES BEGIN WITH YOU

A TRU welcome to Canadian athletes

TRU's facilities are the cherry in Kamloops' tournament capital plan.

The marketing tagline for Kamloops 2011 Western Canada Summer Games says, "The Games begin with you."

The reality is, the Western Summer Games Society's success in attracting the games began with TRU.

Society president Henry Pejril recalls touring WCSG officials around the Tournament Capital Centre (TCC), McArthur Island and some of the dozens of other sporting venues that were touted in Kamloops' bid for the 2011 Games. "When the committee saw TRU's Residence and Conference Centre and envisioned it as the Athlete's Village, those facilities made up their minds," said Pejril.

"Kamloops was on the final short list but insiders were pretty sure the Games were going to Prince George. Once the bid committee saw the complete suite of facilities here, Kamloops got the Games."

From Aug. 5 to 14, two groups each of nearly 1,100 young athletes from the four Western provinces and the three Northern territories will be housed in the TRU Residence and Conference Centre and queuing for their meals in the Grand Hall at the Campus Activity Centre (CAC).

Gerard Hayes is the director of Ancillary Services at Thompson Rivers University and has volunteered to be the director of the Athletes' Village for the games.

"Being the Athlete's Village for these games makes great sense for our facilities," Hayes said. "We can make use of space that is usually empty over the summer, and have very high caliber staff ensuring quality accommodation and food for these young athletes."

The residences will provide a quality of accommodation significantly

higher than a foam mattress on the floor of an elementary school at a much lower cost. Pejril estimates that nearly 60 per cent of all the games' venues will be within walking distance of the Athlete's Village at TRU, minimizing the need for buses. The athletes will be able get up and walk over to the CAC for breakfast, then walk to their competition at the TCC.

The 585-bed residence, opened by BC Premier Gordon Campbell in November 2006, incorporates barrier-free suites and several multi-use communal spaces, with a total of 576 student beds, eight hotel suite beds, and one resident manager's bed. For the Games an additional single cot will be brought into each student room, doubling the residence's capacity. There will be a full bathroom for each pair of athletes. As well, each pair of athletes will have a limited kitchen facility not to mention some of the best views of the city.

"We have a fantastic opportunity to showcase our facility and campus during the 2011 Summer Games," Hayes said, "but more than that we have an opportunity to provide these young athletes and their families with a Games experience that will have them talking about Kamloops for years. Combining the Tournament Capital Centre with TRU Residence and Conference Centre does make Kamloops Canada's Tournament Capital."

Pejril echoes Hayes commitment saying, "We will be setting the bar for Western Canada Summer Games. Whatever people see and experience here for 2011 is equivalent to what they can expect for a Canada Games, an event we'd like to see come back to Kamloops."

Besides meals and accommodation, TRU will be the centre for the Chef d' Mission and host some evening medal ceremonies and social activities for adults and athletes alike.



A Retrospective

The TRU Facts of Being 40

by Sherry Bennett

The crusade to establish a college for the Cariboo region began eight years before it opened.

In 1962, on behalf of the communities comprising the area then called the Mainline-Cariboo, a brief was presented to Dr. J.B. MacDonald, a UBC professor who was preparing a report on the long-term planning of higher education in the province.

A year later, when MacDonald released his report recommending that Kelowna be chosen as the top priority for the immediate establishment of a two-year college, local lobbyists became even more determined to secure a regional college for their community.

A very active Committee for Higher Education made up of Kamloops citizens assisted the Mainline-Cariboo branch of the British Columbia School Trustees' Association in pressing for both the college and a vocational school.

Towards the end of 1968 a new brief was presented to the Minister of Education on behalf of the five School Districts of Kamloops, Barriere, Birch Island, Williams Lake and Lillooet. This brief received a favourable reaction from the Department of Education and it was amended a month later to include the South Cariboo School District.

Early in 1969, the Council of Public Instruction gave the six school districts permission to hold a public referendum to determine the wishes of the people. This referendum was passed in all six districts by a very convincing majority vote.

And so the Cariboo College seed was sown.

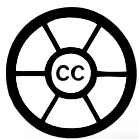
During its inaugural year, Cariboo was a college functioning out of makeshift locations. The administration was handled from the old Syd Smith building on Victoria Street and classrooms were housed in the Kamloops Indian Residential School.

At 8:30 am on Thursday, September 10, 1970, doors to locally-administered higher learning were opened to 560 students representing a broad range of ages and aptitudes.

Led by Principal Jack Harrison and a faculty of 30, instruction began in a mix of academic, vocational and technical training; a mosaic running the gamut from small engine repair to journalism to Spanish language instruction.

After relocating to the BC Vocational School site on McGill Road in September, 1971, students received instruction in the ABC blocks of Old Main. The only other buildings on site were a cafeteria, maintenance office and faculty annex.

But what Cariboo lacked in facilities was made up in spades by a determined body of faculty, staff and students.



1970

1980

1990

The Evolution of Thompson Rivers University



TRU Science 1970



Cariboo College 1970

By the time it celebrated its sixth anniversary, Cariboo College had taken over the various school districts' continuing education programs, melded with the BC Vocational School (Kamloops), initiated vocational and nursing courses, and broken ground for a gymnasium.

Students in the Communications Media course producing the student newspapers *Interface* and *210 Ex*Press* were run off their feet trying to keep up-to-date on

current happenings, be it scores from Cariboo's nine athletic teams, car rallies, pollution awareness events, Students' Council fundraisers, audition notices for the College's Community Band and Youth Orchestra, or new building announcements.

Between 1989 and 1995, the number of courses offered by the college grew 400 per cent, fuelling a doubling of enrollment.

Because program growth leads to enrolment growth, and enrolment growth leads to a need for student housing, groundbreaking ceremonies became commonplace events on the Cariboo campus between 1976 and 1981.

In 1976 dignitaries were assembled for the highly-anticipated openings of the library and gymnasium. Four years later the science building made its debut, in time to accommodate students in BC's only Respiratory Technician Program.

In 1981 the Visual Arts addition to the Main building was completed, allowing fine art students still receiving instruction at the Kamloops Indian Residential School the opportunity to join their peers on McGill.

A year later, at around the same time, the Animal Health Technology Small Animal Clinic opened its doors, the college hosted the BC Festival of the Arts, one of many cultural events the campus has hosted throughout its 40-year history.

Cariboo celebrated its 15th year by launching the province's first Digital Art and Design Program, and cutting the ribbon on a brand new 55,000 square foot campus in Williams Lake, a campus that was later expanded, but abandoned in 1997 due to land slippage.

In 1989, Cariboo began offering degrees in Science, Arts, Nursing, Elementary Education, Business Administration and Social Work. Two years later it was renamed University College of the Cariboo.

Just one in a long list of collaborations between UCC and community stakeholders, in 1991 the UCC School of Trades and



2000

2010



Original TRU Library



The New Old Main



In 1970 a group of visionaries launched something new. In the four decades since, inheritors have cultivated and protected a mandate centred on offering the broadest range of educational opportunities.

Continued

Technology and the Canadian Home Builders Association – Central Interior formed a highly successful partnership that has produced 12 homes for the Kamloops YMCA/ YWCA's Dream Home Raffle.

For both the city of Kamloops and UCC, 1993 was a year to remember. UCC staff and students opened their arms and their campus to 4,500 athletes during the 1993 Canada Summer Games. In addition to providing 200 volunteers, UCC lent its newly constructed Campus Activity Centre, Arts and Education building and privately-developed 300-room dormitory.

Conscientious of its original mandate to provide learning opportunities for residents living in centres throughout its 155,000 square kilometre territory, UCC opened the doors to education and training centres in Ashcroft, Merritt and Lillooet in 1994–95.

Between 1989 and 1995, the number of courses offered by the college grew 400 per cent, fuelling a doubling of enrollment.

And just when people thought things couldn't get any better for the 25-year-old university college—they did. Hailed by President Jim Wright as a "milestone in the history of the institution," the signing of Bill 22 by the Lieutenant-Governor in January of 1995 made UCC one of six post-secondary

institutions given the new mandate to grant degrees independently, launching a second quarter-century of growth.

The Trades and Technology Centre opened in 1997, and in 1999 UCC's campus radio station, Station 8, had its coming out party. In the same year, adding to an impressive list of educational firsts the college had spear-headed, the 100 Mile House Skills and Education Centre launched BC's first distance learning support centre.

On the eve of the 21st century, UCC and School District #73 opened three new Career-Technical centres at high schools in Kamloops.

Having held their first production in the Cariboo College boardroom in 1982, the opening of UCC's Actor's Workshop Theatre in 2003 was celebrated by thespians on and off campus.

By 2003 UCC had all the characteristics that people understood to be part of a university; everything except for the name. Created in 2003 with the slogan, "Let's call it university," the Friends of UCC University Society set out to convince the provincial government to recognize UCC as a university.

Backed by the City of Kamloops and the Chamber of Commerce, and comprised of a

group of notable business and professional people from across the region, the grassroots movement served as proof that UCC was not just in the community—it was part of the community.

Thanks to a little help from its 'friends,' UCC became Thompson Rivers University—BC's newest university—in April of 2005, gaining the assets and responsibilities of the BC Open Learning University in the process.

In the six years since TRU evolved into a full-fledged university, the frantic pace of growth hasn't slowed. Masters degrees have been added, doctoral programs launched in partnership with other universities, and the International building and BC Centre for Open Learning filled with students and staff.

With the Brown Family House of Learning complete, and a new Faculty of Law slated to open in the fall, growth at TRU shows no signs of slowing anytime soon.

In 1970 a group of visionaries launched something new. In the four decades since, inheritors have cultivated and protected a mandate centred on offering the broadest range of educational opportunities.

In forty years TRU has grown from 58 classes to 200 programs and from 560 students to 30,000 students from 90 countries.



TRU Campus Circa 1979



The learning environment is as important as the learning itself

Seventy-plus years ago, when the 250-acre parcel of land housing TRU's Kamloops campus was home to the Canadian Navy in World War II, not even the most optimistic horticulturist could have predicted its most magnificent transformation.

There's a great sense of pride attached to this park-like landscape that has been gradually transformed from an open expanse of sun-parched hills to one of the largest botanical collections in BC's interior.

A sense of pride born from personal ownership: as custodians of the grounds they worked and learned within, students and staff can be credited with sculpting a large portion of the campus' park-like landscape.

From the earliest days of the college's history, faculty members displayed their stewardship for their Cariboo milieu.

On one sunny Saturday morning, in the autumn of 1972, led by college botanist Dave Williams, faculty members including Nelson Riis and Moe Granger gathered in front of the Main building to lend their hand in the construction of one of the college's first botanical gardens.

As part of a college landscaping committee including Jack Gregson of the Kamloops Garden Club, faculty members spent the day shovelling, loading and planting truckloads of eye-catching plants and shrubs which were donated or sold at cost from local garden nurseries.

The same tradition of ownership was passed along to students in 1983, when Cariboo's practical horticulture program took over responsibility for the maintenance and development of campus landscaping.

Through the exercise of using the campus grounds as a living laboratory, and by

adhering to an environmentally-sensitive landscape design developed by the planning firm Downs/Archambault & Partners, each of the horticultural program's many graduates made a personal contribution towards creating a pedestrian-friendly campus with soul.

No plant, tree or shrub on campus has been planted arbitrarily; each botanical specimen, be it a vine maple, saucer magnolia, burr oak or maidenhair tree, has been selected on its horticultural merits and practicality.

So if during your time on campus you happened to notice how you could sit on a bench and not have leaves fall on your head in the autumn – it wasn't by accident.



1971 to 1990 Teams branded as the Chiefs and the Gold Rush
 From 1971 to 1987 team colours were yellow and red
 From 1987 to 1991 team colours were yellow and blue
 Team Mascot: Caribou

1990 to 2004 Teams branded as the Sun Demons
 Team colours were aggressive red and purple
 Team Mascot: Beamer

1971 Cariboo College admitted into the Pacific Intercollegiate Hockey League. In 1972 Cariboo College left the PIHL to join the Totem Conference

1971–1972 Sports included in the athletic roster were badminton, basketball, volleyball, cross-country, golf, ice hockey, rugby, soccer and curling

1974–1975 Women’s Basketball team wins Totem Gold medal and 4-West Championship Gold medal

1980 Sports Task Force formed by Kamloops businessman wishing to assist the Athletic Department

1983–1984 Coached by Rocky Hudson, the Cariboo Gold Rush Women’s Volleyball Team was crowned B.C. Champions; Sonja and Kim Dalin win Totem Championship Gold, and 4-West Championship Silver in Mixed Doubles Badminton

1984–1985 Cariboo College hosts hockey, women’s basketball, and curling CCAA National Championships

1998 UCC Hosts the CCAA National Soccer Championships; hometown fans watch the Men’s Sun Demons team take the championship

1999 UCC’s Women’s Soccer team wins the national championship held in Ontario

2000 Men’s baseball added to the athletic team roster, where they competed in the B.C. College Basketball League (currently play in the Canadian College Basketball Conference)

2000–2001 UCC hosts BCCAA Provincial basketball championships – Men’s Basketball team wins BCCAA Gold; UCC wins the BCCAA Aggregate Award for having the best point total across all sports

2003–2004 UCC Women’s Soccer wins BCCAA Provincial Gold and CCAA National Silver

2004–2005 UCC accepted as a member of the Canada West Conference of the Canadian Interuniversity Sport (CIS) in men’s and women’s basketball and volleyball; UCC Men’s Basketball team crowned BCCAA Provincial and CCAA National Champions



2005 Teams branded as the Wolfpack
Team colours: burnt orange and black
Team Mascot: Wolfie

- 2009 From 1970 to 1990 the Cariboo College Chiefs were a force to be reckoned with in the B.C. College Athletic Association Totem Conference Hockey League; after a 19-year hockey hiatus, the Chiefs were reborn as the Thompson Rivers University WolfPack in 2009, competing in the B.C. Intercollegiate Hockey League
- 2010 Thompson Rivers University WolfPack became official members of the Canada West Universities Athletic Association



1971-1972 Women's Basketball



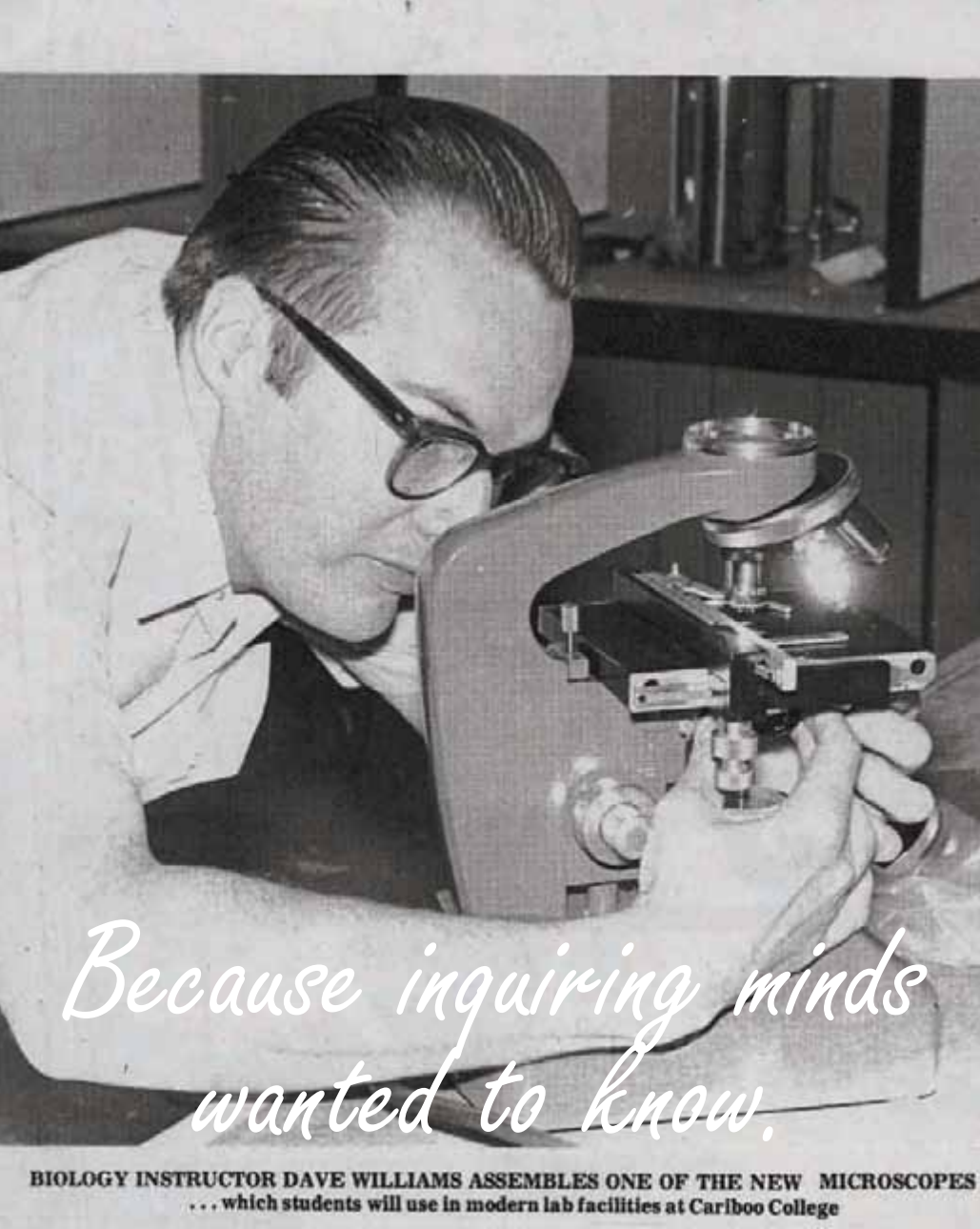
1983-1984 Women's Volleyball



1984-1985 Men's Hockey



2003-2004 Women's Soccer



*Because inquiring minds
wanted to know.*

**BIOLOGY INSTRUCTOR DAVE WILLIAMS ASSEMBLES ONE OF THE NEW MICROSCOPES
... which students will use in modern lab facilities at Cariboo College**

From Kamloops Sentinel August 19, 1970

Creative inquiry has a long history at TRU, but back in the early days of Cariboo College, when formal funding didn't exist for things such as research, students had to channel their curiosity through direct study programs.

During its early days as the University College of the Cariboo, faculty became eligible for funding after the institution became the first university college to be recognized by the National Science and Engineering Research Council.

By 2000 UCC was well on its way to establishing itself as a leader in innovative research, and over the past decade TRU has cultivated research prospects for faculty and students in Sciences, Arts, Business, Tourism, Education, Social work and Advanced Technology.

Beginning with the establishment of the Centre for the Study of Multiple Literacies in 1999, TRU now houses seven research centres: Centre for Aging Research; Centre for Excellence in Addictions Research; Centre for Innovation in Culture and the Arts in Canada; Centre for Multiple Literacies; Centre for Respiratory Health and Sleep Science; Centre for the Study of Canada; Community and Ecosystem Ecology Centre; and Cultural Future of Small Cities.

For six years, TRU has hosted an Undergraduate Student Innovation and Research Conference, a university-wide event that provides undergraduate students of all disciplines and backgrounds the opportunity to present their research and other creative works.

It's the spirit of inquisitiveness that keeps a university alive, which is why research has become an important part of TRU's mandate.



Each week, a flag representing one of the countries of origin of TRU's international student population is flown at the university's Summit and McGill entrance.

The International Flag program, an initiative of the International Education Department of the Office of the President, was established in 1999 to recognize international

students as well as international VIPs on campus and current activities and events abroad.

At the time the flag program was established, 350 international students representing 30 countries attended the campus; in 2010 the international student population more than quadrupled to a record 1,500 on campus from 80 countries.



The Mis-Adventures of Cariboo's Caribou

If Cariboo College's caribou head could talk, oh the tales it could tell. During a conversation between Cariboo College personnel manager G.W. Barrett and his next-door neighbour Pat Stallard back in 1972, the topic of a mounted Caribou Head came up.

Without a ceiling in his home high enough to suitably display the caribou that he had shot in the Cassiar region of BC, Stallard offered to donate the piece to the College. With the exception of the Canadian quarter, what better place to honour a caribou than at a place called Cariboo?

And so began the adventures of Cariboo's unofficial mascot.

Received by former athletic coordinator Pat O'Brien on behalf of Cariboo College, O'Brien hung the mounted caribou head above a stairwell in the Cafeteria. For four years it greeted patrons, until March 27, 1978 when the Student Liberation Organization kidnapped the beast.

How the students removed the giant caribou without anyone noticing is a story in itself, but for two weeks the animal's whereabouts remained a mystery.

Then, two weeks after its disappearance, the caribou resurfaced at the personal residence of Chuck Bishop, Director of Student Services and College Affairs, dangling from a chain off his balcony.

Having attracted a few stray bugs during its off-campus excursion, the caribou was fumigated and herded into one of the College's subterranean 'storage' facilities, where it sat in isolation until its next public migration in the late 1980s.

Remembering it like it was yesterday, Agricultural Related Sciences Chair Dr. Scott Mann recounts a call he received from a facilities staff member saying the caribou head was sitting in the back of a pick-up truck, about to make a one-way trip to the dump.

Feeling for the caribou's soul, Mann retrieved the taxidermy from the garbage heap and relegated it to the safety of his basement. Determined to protect the head from future misuse, Mann acted as its guardian until it regained a place of honour in the foyer of the library in the early 1990s.

But even in the sanctuary of the library, the caribou could not escape poaching. Karl Larsen spotted it up in the library foyer one day, and was surprised to see it. "I then approached Nancy Levesque and asked how attached they were to the specimen, and whether there was any chance we could move it over to the zoology lab in Science, where it would be put to good academic use," Larsen recalled. "She was happy to accommodate this request, because (I believe) there was the occasional complaint from students using the library."

In 2004 the caribou was relocated to the safety of the Science building, where it still hangs today – admired for what it is, and for what it represents.

How the students removed the giant Caribou without anyone noticing is a story in itself

The word caribou comes from the French word caribou, itself derived from the Mi'kmaq Indian word xalibu, meaning 'shoveller,' referring to the way this species of deer scrape away snow with their feet to uncover lichens, their favourite food.



President and Vice-Chancellor's Message

It seems like a long time ago but it was only last September that I arrived on campus on the week leading up to the celebration of Thompson Rivers University's 40th anniversary. It was a whirlwind weekend of activities that included alumni homecomings, retiree breakfasts, symphonies, fireworks, and first nation flag raisings. That amazing weekend was also my introduction to a steady stream of TRU alumni who are proud to call this university their own. After 40 years as a post-secondary institution, TRU is indeed approaching a milestone in its alumni relations. Not only can we count 40,000 graduates from our comprehensive programs, but now this university is becoming old enough to have traditions such as having our alumni's children choose TRU for their post-secondary experience. When attending a university becomes a family tradition this signals the beginning of becoming a great university. We are the right age to be embarking on the traditions enjoyed by Queen's, UBC and McGill.

It is not just tradition that connects our alumni with TRU. Many have stepped forward to become mentors for our students. Mentorship events throughout the year connect our students with alumni interested in sharing their career and learning experiences. As our alumni reach out to our students, TRU is reaching further into the community to connect with students in high schools and elementary schools and plant the idea of attending university and asking our future students for their ideas about TRU. For example, we have a long tradition of hosting the Regional Skills Competition, Mainland Cariboo Science Fair, Young Author's Conference and Math Competitions. We

welcome high school students to campus at Spring Break and during the Day of Arts and Sciences. And from August 5 to 14 this summer we will be the hub for the 2011 Western Canada Summer Games. All 2500 young athletes will have the opportunity to see our incredible campus when they eat, sleep and celebrate their accomplishments here.

We are also working to enhance our student orientation experience with an aim to truly engage our students in their university experience. Excellent academic programming and teaching, vibrant campus, accessibility, and modern and well-appointed facilities all contribute to great university experience which is so important to our students.

Seeing the research efforts of 160 students at the 6th Annual Undergraduate Conference in April clearly demonstrated that we are doing excellent work in providing opportunities to engage our students in research learning. Student research is a key indicator of student engagement which contributes to our students' academic success. Research informed learning also contributes to their success after graduation. Learning how to address questions that have never been asked before equips our graduates for a constantly changing future.

As alumni you should continue to feel welcome on campus, and I will be delighted to see some of you in the audience when your children cross the stage at Convocation, just like you did. In the coming years I look forward to seeing more and more of our alumni's children come to TRU.

Alan Shaver
President and Vice-Chancellor

"It's Almost that Time Again!"

The 13th Annual TRU WolfPack

Sports Camps!

- Baseball
- Basketball
- Volleyball
- Golf
- Soccer
- Multi-Sport
- Football
- Pre-School And More



TRU employees, multiple week registrations and parents with multiple children may be eligible for discounts. Please ask at time of registration.

Operated at the Tournament Capital Center,
TRU Gym, Hillside Stadium, The Dunes and
other locations around Kamloops.

For more information contact **Duncan Olthuis**
dolthuis@tru.ca or 250.377.6116
www.tru.ca/sportcamps



TRU *story:*

Meaghan, World Record holder in inline skating, competed all over the globe while earning her degree.

Meaghan didn't let her hectic lifestyle, international travel and life commitments keep her from getting a degree. You, like Meaghan, can realize your educational goals through the flexible approach to education offered by Thompson Rivers University, Open Learning. Ladder your existing TRU credential toward a new degree or take a course for professional development and get started on your path to career enhancement.

The Open Learning Division of TRU is one of Canada's largest online and distance education providers, offering over 500 courses and 53 programs including degrees and post-baccalaureates. Admission to a course or program is available throughout the year and the online and distance mode of delivery means you can study at a pace and place that suits your lifestyle. For a complete list of Open Learning courses and programs please visit our website.

To read more about Meaghan turn to page 23
or visit www.truopen.ca/truestory



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